

**UNIVERSITAS MUHAMMADIYAH SEMARANG
FAKULTAS ILMU KEPERAWATAN DAN KESEHATAN
PROGRAM STUDI DIPLOMA III KEBIDANAN
TAHUN 2017**

ABSTRAK

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**GAMBARAN PERILAKU EKSTERNAL DAN INTERNAL IBU NIFAS
PRIMIPARA DAN MULTIPARA DALAM PENCEGAHAN INFEKSI
LUKA PERINEUM DI RS ROEMANI MUHAMMADIYAH SEMARANG
(xix + 72 halaman + 15 tabel + 2 bagan+ 7 lampiran)**

Latar belakang: AKI di Indonesia salah satunya karena infeksi. Kasus infeksi sebanyak 2,76% yang mendasari kematian maternal. Salah satu infeksi pada masa nifas adalah infeksi karena perlukaan jalan lahir. Perlukaan tersebut menyebabkan bakteri pathogen masuk dan menimbulkan infeksi apabila upaya pencegahannya tidak baik. **Tujuan :** Untuk mengetahui perilaku ibu nifas dalam pencegahan infeksi luka perineum di RS Roemani Muhammadiyah Semarang. **Metode:** Penelitian deskriptif dengan rancangan *cross sectional*. Subyeknya adalah 40 ibu post partum yang tergolong 20 primipara dan 20 multipara yang diambil secara *quota sampling*. Variabel penelitian ini tunggal. Pengumpulan data menggunakan kuesioner dan observasi, diolah dengan analisis univariat. **Hasil :** Sebanyak 31 orang berumur 20-35 tahun, pendidikan terakhir terbanyak yaitu tingkat menengah 18 orang, lebih dari separuh responden tidak bekerja yakni 25 orang. Berdasarkan faktor eksternal, terdapat 12 responden primiparadan 13 reponden multiparaberperilaku positif, sedangkan 8 responden primipara dan 7 responden multipara berperilaku negatif. Berdasarkan faktor internal, terdapat 13 responden primipara dan 15 reponden multipara berperilaku positif, 7 responden primipara dan 5 responden multipara berperilaku negatif. **Simpulan :** Perilaku negatif terbanyak pada faktor eksternal yaitu perilaku mengonsumsi jamu-jamuan sebanyak 70,0% responden dan faktor internal yaitu perilaku menggunakan celana dalam yang ketat sebanyak 70,0% responden.

Kata kunci : Pencegahan infeksi, luka perineum
Kepustakaan : 38, 2003-2017

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ABSTRACT

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The Description of External and Internal Attitude of Primipara and Multipara Porturition Mother in Preventing Perineum Infection Injury at Roemani Muhammadiyah Hospital, Semarang.

(xx + 72 pages + 15 tables + 2 charts + 7 appendixes)

Background : AKI in Indonesia, one of them is caused by infection. Infection case is about 2,76% which caused maternal dead. One of infection in porturition period is the infection caused by birth way injury. The injury causes pathogen bacteria gets in and causes infection if there is no good prevention. **Objective** : To know the attitude of porturition mother in preventing perineum injury at Roemani Muhammadiyah Hospital, Semarang. **Method** : Descriptive research with cross sectional plan. The subjects were 40 post partum mothers. They were 20 primipara and 20 multipara who were taken by quota sampling. The variabel was single. The data collecting technique used questioner and observation and counted by univariant analysis. **Result** : there were 31 people of 20-35 years, most of last education were senior high 18 people, a half of response were jobless 25 peoples. Based on external factor there were 12 primipara repondence and 13 multipara responses who had positive attitude, 8 primipara responses and 7 multipara responses who had negative attitude. Based on internal factor there were 13 primipara responses and 15 multipara responses who had positive attitude, 7 primipara responses and 5 multipara responses who had negative attitude. **Conclusion** : Most of negative attitude at external factor was the attitude of consuming herbal drink about 70,0% responses and internal factor was the attitude of using tight underwear about 70,0% responses.

Keywords : infection prevention, perineum injury

Literature : 38, 2003 – 2017

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