

GAMBARAN KADAR HEMOGLOBINE IBU HAMIL DI PUSKESMAS TERAS BOYOLALI.

Muji Prihatin¹, Andri Sukeksi², Tulus Ariyadi²

1. Program Studi D-III Analisis Kesehatan Fakultas Ilmu Keperawatan dan Kesehatan Universitas Muhammadiyah Semarang
2. Laboratorium Patologi Klinik Fakultas Ilmu Keperawatan dan Kesehatan Universitas Muhammadiyah Semarang

ABSTRAK

Anemia dalam kehamilan adalah suatu kondisi ibu dengan kadar nilai hemoglobin di bawah 11 gr%. Anemia atau kekurangan zat besi dapat berpengaruh buruk pada proses kehamilan, persalinan dan nifas. Tujuan Penelitian untuk mengetahui gambaran kadar hemoglobin pada ibu hamil di Puskesmas Teras Boyolali. Jenis penelitian penelitian deskriptif. Subjek penelitian adalah seluruh ibu hamil yang diperiksa Hemoglobine di laboratorium puskesmas Teras boyolali bulan Desember 2017. Sampel darah diperiksa dengan metode fotometer. Hasil pemeriksaan dianalisa secara diskriptif. Hasil penelitian menunjukkan Ibu hamil dengan kadar hemoglobin 11 g/dl (Normal) sebanyak 21 orang sedangkan ibu hamil dengan kadar hemoglobin < 11 mg/dl (Anemi) sebanyak 5 orang. Ibu hamil mayoritas memiliki umur 20-35 tahun dan memiliki kadar hemoglobin normal atau kadar Hb > 11gr/dl, usia kehamilan <12 minggu seluruhnya kadar hemoglobinnnya normal (> 11 gr/dl). Jarak kelahiran < 2 tahun mayoritas kadar Hb < 11gr/dl, dapat disimpulkan Rata-rata kadar hemoglobin ibu hamil yang melakukan pemeriksaan hemoglobin di laboratorium Puskesmas Teras Boyolali pada bulan Desember 2017 adalah normal.

Kata Kunci: Hemoglobine ,ibu hamil

DESCRIPTION OF HEMOGLOBINE LEVEL OF PREGNANT WOMEN AT PUSKESMAS TERAS BOYOLALI.

Muji Prihatin¹, Andri Sukeksi², Tulus Ariyadi²

1. Study Program D-III Health Analyst Faculty of Nursing and Health University of Muhammadiyah Semarang
2. Clinical Pathology Laboratory Faculty of Nursing and Health Sciences University of Muhammadiyah Semarang

ABSTRACT

Anemia in pregnancy is a condition of the mother with a hemoglobin value level below 11 gr%. Anemia or iron deficiency can adversely affect the process of pregnancy, childbirth and nifass. The purpose of the study to determine the picture of hemoglobin levels in pregnant women at Puskesmas Teras Boyolali. The research type is descriptive research. The subjects were all pregnant women who examined Hemoglobine at the laboratory of Puskesmas Teras boyolali in December 2017. Blood samples were examined by photometer method. The results of the examination were analyzed descriptively. The results showed pregnant women with hemoglobin levels of 11 g / dl (Normal) as many as 21 people while pregnant women with hemoglobin <11 mg / dl (Anemi) of 5 people. Most pregnant women have 20-35 years of age and have normal hemoglobin or Hb > 11gr / dl, gestational age <12 weeks in total normal hemoglobin (> 11 g / dl). Birth distance <2 years majority Hb <11gr / dl, it can be concluded Average hemoglobin level of pregnant women who perform hemoglobin examination in laboratory Puskesmas Teras Boyolali in December 2017 is normal

Keywords: Hemoglobine, pregnant women