

PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN DAN KESEHATAN
UNIVERSITAS MUHAMMADIYAH SEMARANG

Skripsi, Januari 2018

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Pengaruh Orientasi Ruang *Intensive Care Unit* (ICU) terhadap Kecemasan Pasien Pra Operasi Bedah Jantung di RSUP Dr. Kariadi Semarang

X+ 60 Halaman + 11Tabel + 12 Lampiran + 4 Skema

Abstrak

Pasien yang menghadapi operasi bedah jantung akan mengalami kecemasan. Kecemasan terjadi ketika seseorang terlalu mengkhawatirkan kemungkinan peristiwa yang terjadi ketika dirawat di ICU pasca pembedahan. Orientasi menjadi salah satu upaya menurunkan tingkat kecemasan. Orientasi ruang *Intensive Care Unit* (ICU) adalah mengenalkan segala sesuatu tentang ruang ICU sebagai tempat perawatan pasca operasi, meliputi lingkungan, peralatan yang tersedia, tenaga kesehatan, peraturan prosedur, dan perawatan pasca operasi. Tujuan dari penelitian ini adalah mengetahui pengaruh orientasi ruang *Intensive Care Unit* (ICU) terhadap kecemasan pasien pra operasi bedah jantung di RSUP Dr. Kariadi Semarang.

Desain penelitian ini menggunakan pra eksperimen dengan metode *Pre- Post test design*. Penelitian ini dilakukan pada bulan Nopember- Desember 2017 di Ruang Jantung dan ICU RSUP Dr. Kariadi Semarang dengan jumlah sampel sebanyak 22. Hasil uji statistik *Wilcoxon Signed Rank Test* diperoleh *p value* sebesar 0,000, sehingga disimpulkan ada pengaruh pemberian orientasi ruang *Intensive Care Unit* (ICU) terhadap kecemasan pasien pra operasi bedah jantung. Rekomendasi penelitian ini agar perawat ICU mampu memberikan orientasi ruang *Intensive Care Unit* secara benar dan terstruktur.

Kata kunci : Orientasi ruang *Intensive Care Unit*, kecemasan, pra operasi bedah jantung.
Pustaka : 40 (2001- 2016)

UNDERGRADUATE NURSING STUDY PROGRAM
FACULTY OF NURSING AND HEALTH SCIENCES
UNIVERSITY MUHAMMADIYAH SEMARANG

Mini Thesis, January 2018

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The Effect of Intensive Care Unit Orientation (ICU) on Pre-Cardiac Surgery anxiety in Kariadi Hospital of Semarang

X + 60 Pages + 11Table + 12 Appendix + 4 Scheme

Abstract

Patients who are undergoing surgery will experience anxiety. The anxiety occurred when a person is too concerned about possible events that will be occurred when treated in ICU after cardiac surgery. Providing Intensive care unit orientation may lead to lower anxiety levels. The orientation of Intensive Care Unit (ICU) is introducing everything about the ICU as a post-operative care management, such us the environment, available equipment, health workers, regulatory procedures, and caring. The aim of this study is to know the effect of Intensive Care Unit (ICU) orientation on anxiety of pre -cardiac surgery patients at Kariadi hospital of Semarang.

This research used pre-experimental study with Pre- Post test design. This research was conducted in November-December 2017 in the Cardiac Ward and ICU Kariadi hospital of Semarang. The subject of this research was patient of pre cardiac surgery who included in inclusive criteria. The sampling was 22 respondents. The result of Wilcoxon Signed Rank Test shows that the p-value was 0.000. Thus, there was effect Intensive Care Unit (ICU) orientation to the anxiety of pre-operative cardiac surgery patients at Kariadi hospital of Semarang. Recommendation of this research so that ICU nurse can give orientation of Intensive Care Unit properly and structured.

Keywords : Intensive Care Unit orientation, anxiety, preoperative cardiac surgery.

Library : 40 (2001 - 2016)