

**PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN DAN KESEHATAN
UNIVERSITAS MUHAMMADIYAH SEMARANG**

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Ismiati

Pengaruh Pendidikan Kesehatan Terhadap Perilaku Ibu Dalam Pencegahan Penyakit Diare Pada Anak Di RSI Kendal

xv + 80 Halaman + 19 Tabel + 9 Lampiran + 2 Gambar

Abstrak

Angka morbiditas dan mortalitas penyakit diare masih tinggi. Perawat sebagai tenaga kesehatan dapat memberikan kontribusi dalam penanganan diare sesuai dengan perannya, salah satunya adalah memberikan pendidikan kepada orang tua terutama ibu untuk pencegahan penyakit diare. Tujuan penelitian untuk mengetahui pengaruh pendidikan kesehatan terhadap perilaku ibu dalam pencegahan penyakit diare pada anak di RSI Kendal. Jenis penelitian *Pre-eksperimental Design*. Rancangan yang digunakan adalah "*One Group Pre Test Post Test*". Sampel penelitian sebanyak 54 responden dengan menggunakan teknik *Consecutive sampling*. Analisis data dengan menggunakan uji *wilcoxon match pair test*. Hasil Penelitian menunjukkan bahwa perilaku Ibu sebelum pendidikan kesehatan sebagian baik dan sebagian tidak baik dengan jumlah sama yaitu sebanyak 27 responden (50,0%). Perilaku Ibu sesudah pendidikan kesehatan sebagian besar baik yaitu sebanyak 31 responden (57,4%). Ada pengaruh pendidikan kesehatan terhadap perilaku ibu dalam pencegahan penyakit diare pada anak di RSI Kendal dengan *p value* 0,046. Diharapkan ibu balita agar lebih meningkatkan perilaku dalam pencegahan diare terutama dalam menjaga kebersihan lingkungan, kebersihan mainan dan makanan yang akan dikonsumsi oleh anak.

Kata Kunci : Pengetahuan, Sikap, Praktik, Perilaku, Diare

Pustaka : 2007 – 2017

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The Influence Of Health Education On Mother's Attitude Regarding Prevention Of Diarrhea In Children At Islamic Hospital Kendal

xv + 80 Pages + 19 Tables + 9 Appendices + 2 Charts

Abstract

Morbidity and mortality rate in diarrhea are considered to be high. Nurses as health professionals can give contribution to the handling of diarrhea in accordance to the role, such giving education to parents, specifically mothers regarding diarrhea prevention. This research was aimed to find out the influence of health education on mother's attitude regarding prevention of diarrhea in children at Kendal Islamic Hospital. It was a pre-experimental research with one group pre-test post-test design. The sample for this research was 54 respondents which were taken using consecutive sampling technique. For the data analysis, the researcher used Wilcoxon's match pair test. The research result showed that mothers' attitude before the health education intervention was both adequate and inadequate with the equal 27 (50.0%) respondents. Mothers' attitude after the health education intervention was mostly adequate with 31 (57.4%) respondents. It can be concluded that there was an influence of health education on mother's attitude regarding to the prevention of diarrhea in children in Kendal Islamic Hospital with p value 0.0046. It is expected for the mothers to improve the attitude regarding to the diarrhea prevention, especially in maintaining clean and healthy environment, toys, and also foods for the children.

Keywords : Education, Attitude, Practice, Behavior, Diarrhea

References : 2007 – 2017