

UNIVERSITAS MUHAMMADIYAH SEMARANG
FAKULTAS ILMU KEPERAWATAN DAN KESEHATAN
PROGRAM STUDI DIII KEBIDANAN
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ABSTRAK

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GAMBARAN PENGETAHUAN, SIKAP DAN PERILAKU REMAJA PUTRI USIA 14-16 TAHUN DALAM PENANGANAN KESEHATAN REPRODUKSI (*VULVA HYGIENE*) PASCA BENCANA DI MANGKANG WETAN RWIII KOTA SEMARANG

(xii + 67 halaman + 9 tabel + 2 bagan + 13 lampiran)

Latar Belakang : Berdasarkan studi pendahuluan yang dilakukan pada tanggal 24 maret 2018, di Mangkang Wetan RW III dengan wawancara secara langsung kepada 10 remaja putri didapatkan 9 diantaranya belum mengetahui apa yang di maksud dengan kesehatan reproduksi, dan 3 diantaranya masih berperilaku vulva hygiene dengan salah, dan 2 diantaranya mereka mengeluhkan gatal-gatal dan keputihan pada saat pasca bencana banjir di Mangkang Wetan RW III kota Semarang.

Tujuan : Mengetahui Gambaran Pengetahuan, Sikap dan Perilaku Remaja Putri Usia 14-16 Dalam Penanganan Kesehatan Reproduksi (*Vulva Hygiene*) Pasca Bencana.

Metode : penelitian deskriptif dengan pendekatan *cross sectional*. Populasi sebanyak 21 remaja putri dengan sampel 21 responden menggunakan kuesioner. Pengambilan sampel dengan metode jenuh.

Hasil : pengetahuan 21 responden tentang penanganan kesehatan reproduksi kategori baik 18 reponden (86%) dan Cukup 3 responden (14%). Sikap 21 responden tentang penanganan Kesehatan reproduksi kategori positif 12 reponden (57%) dan negatif 9 responden (43%). **Sikap negatif diantaranya adalah penggunaan celana dalam bergantian dengan teman maupun keluarga, dan masih minimnya pengetahuan tentang pembalut kain sangatlah bagus untuk kesehatan reproduksi.** Perilaku 21 responden tentang penanganan Kesehatan reproduksi kategori mendukung 12 reponden (57%) dan tidak mendukung 9 responden (43%). **Diantara perilaku tidak mendukung adalah penggunaan air dalam ember saat dit toilet umum**

Simpulan : Remaja usia 14-16 tahun di Mangkang Wetan RW III memiliki pengetahuan yang baik, sikap yang positif dan perilaku yang mendukung dalam penanganan Kesehatan Reproduksi (*vulva hygiene*) pasca bencana banjir.

Kata Kunci : Pengetahuan, Sikap, Perilaku, *Vulva Hygiene*
Kepustakaan : 31, 2002-2017

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ABSTRACT

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DESCRIPTIVE KNOWLEDGE, ATTITUDES, AND BEHAVIORS OF TEENAGE GIRLS OF AGE 14-16 YEARS IN HEALTH REPRODUCTION HANDLING (VULVA HYGIENE) AT THE POST DISASTER IN MANGKANG WETAN RW III SEMARANG CITY

(xii + 67 pages + 9 tables + 2 chart + 13 appendices)

Background: Based on a preliminary study conducted on March 24th, 2018 in Mangkang Wetan RW III by interviewing directly to 10 girls, 9 of them have not known what is meant about the reproduction health, and 3 of them still behave in a wrong way with the vulva hygiene, and 2 of them complaining of itching and vaginal discharge at the post-flood disaster in Mangkang Wetan RW III Semarang City.

Purpose: To find out the descriptive of knowledge, attitudes, and behaviors of teenage girls of age 14-16 years in health reproduction handling (Vulva Hygiene) at the post-disaster.

Methods: This study is descriptive research with cross-sectional approach. The number of population is 21 teenage girls with the samples are 21 respondents by using questionnaires. The sampling technique by saturation method.

Results: The acknowledgment of 21 respondents on the handling of reproductive health in a good category as many as 18 respondents (86%) and in a low category as many as 3 respondents (14%). The attitude 21 respondents about the handling of reproductive health in a positive category as many as 12 respondents (57%) while 9 respondents (43%) in the negative category. **Negative behaviors include the use of underwear in turns with friends and family, and the lack of knowledge about cloth pads is very good for reproductive health.** The behavior of 21 respondents on the handling of reproductive health in the supporting category as many as 12 respondents (57%) and refused category as many as 9 respondents (43%). **The behavior that does not support is the use of water in a bucket at a public restroom.**

Conclusions: The teenage girls aged 14-16 years in Mangkang Wetan RW III have a good knowledge, positive attitude, and supporting behavior about vulva hygiene at the post-flood disaster.

Keywords: Knowledge, Attitude, Behavior, *Vulva Hygiene*

Bibliography: 31, 2002-2017

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