

**PENERAPAN PEMBERIAN PENDIDIKAN KESEHATAN PADA PASIEN
GANGGUAN JIWA DPD (*deficit perawatan diri*) TERHADAP
PELAKSANAAN ADL (*activity of dayli living*) KEBERSIHAN
GIGI DAN MULUT DI RSJD Dr. AMINO GONDOHUTOMO
PROVINSI JAWA TENGAH**

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ABSTRAK

Pendidikan kesehatan terhadap pasien gangguan jiwa DPD (*defisit perawatan diri*) terhadap pelaksanaan kebersihan gigi dan mulut merupakan suatu pemberian informasi dan kesadaran kepada pasien tentang perilaku kebersihan diri terutama kebersihan *gigi dan mulut*. Tujuan dari penelitian ini adalah untuk mengetahui pengaruh pemberian pendidikan kesehatan gangguan jiwa DPD (*defisit perawatan diri*) terhadap pelaksanaan ADL (*activity of dayli living*) kebersihan gigi dan mulut. Jenis penelitian ini menggunakan metode komparasi/perbandingan yaitu menerapkan studi kasus dengan proses tindakan keperawatan berupa intervensi, implementasi dan evaluasi. Sample berjumlah 2 klien, Tempat penelitian dilakukan di RSJD Dr. Amino Gondohutomo Provinsi Jawa Tengah. Hasil kesimpulan penerapan pendidikan kesehatan kebersihan gigi dan mulut mengalami peningkatan score yang sebelumnya mendapatkan jumlah score sebesar 4 dan 5, setelah di lakukan pemberian pendidikan kesehatan kebersihan gigi dan mulut keduanya mengalami peningkatan score 8 dengan selisih score masing- masing pasien berjumlah 4 dan 3. Pemberian pendidikan kesehatan kebersihan gigi dan mulut ini diterapkan selama tiga hari tersebut membuat pasien mampu melakukan kebersihan gigi dan mulut dengan cara rajin menggosok gigi secara mandiri serta tidak terjadi tanda-tanda defisit perawatan diri lagi pada kedua klien.

Kata kunci : pendidikan kesehatan, pelaksanaan ADL (*activity of dayli living*), kebersihan gigi dan mulut.

**APPLICATION OF GIVING HEALTH EDUCATION IN PATIENTS SOUL
PREVENTION DPD (self-care deficit) AGAINST IMPLEMENTATION OF
CLEANLINESS (activity of dayli living) DENTAL AND MOUTH IN Dr.
AMINO GONDOHUTOMO PROVINCE OF CENTRAL JAVA**

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ABSTRAC

Health education for mental disorders patients DPD (self-care deficit) on the implementation of dental and oral hygiene is a provision of information and awareness to patients about personal hygiene behavior, especially dental and oral hygiene. The purpose of this study was to determine the effect of giving mental health education to the DPD (self-care deficit) on the implementation of dental and oral hygiene. This type of research uses a comparative / comparative method that is applying case studies with the process of nursing actions in the form of intervention, implementation and evaluation. Sample amounted to 2 clients, the place of research was conducted at the Dr. RSD. Amino Gondohutomo, Central Java Province. The conclusion of the implementation of dental hygiene health education has increased the score that previously received a score of 4 and 5, after the provision of health education dental and oral hygiene both increased socre 8 with a difference in scores of 4 and 3 patients. This dental and oral hygiene health education was implemented for three days, making patients able to do dental and oral hygiene by brushing their teeth independently and there were no signs of self-care deficits anymore on both clients.

Keywords: *health education, ADL (activity of dayli living, dental and oral hygiene).*