

**PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN DAN KESEHATAN
UNIVERSITAS MUHAMMADIYAH SEMARANG**

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Gambaran Peran Kader Dalam Meningkatkan Pelayanan Di Posyandu Lansia Sumber Sehat
Desa Kangkung RW 5 , Kecamatan Mranggen.

xiv + 67 Halaman + 19 Tabel + 1 Skema + 16 Lampiran

Abstrak

Pendahuluan: Angka kehadiran lansia pada posyandu lansia sumber sehat desa kangkung hanya 14,31% , hal ini masih jauh dari angka cakupan nasional yakni sebesar 80%. Peran kader adalah salah satu faktor penunjang kehadiran lansia, melalui peningkatan peran kader diharapkan mampu menambah kunjungan lansia. **Tujuan penelitian:** Mendeskripsikan gambaran peran kader di posyandu lansia sumber sehat desa kangkung. **Metode penelitian:** Penelitian *deskriptif* dengan pendekatan *cross sectional*. Populasi penelitian adalah kader posyandu lansia sumber sehat desa kangkung kecamatan mranggen. Sampel penelitian menggunakan teknik *total sampling*. Analisis data penelitian ini menggunakan *univariat*. **Hasil penelitian:** Sebanyak 12 orang (60%) kader berperan baik sebagai koordinator, sebanyak 12 orang (60%) berperan baik sebagai penggerak masyarakat, sebanyak 10 orang (50%) berperan baik sebagai pemberi promosi kesehatan, sebanyak 15 orang (75%) berperan baik dalam hal pemberi pertolongan dasar, sebanyak 16 orang (80%) berperan baik dalam pendokumentasian. **Pembahasan:** Peran yang baik sebagai koordinator dalam hal kehadiran dalam rapat, pembagian tugas, evaluasi kegiatan. Peran yang baik sebagai penggerak masyarakat dalam hal aktif berkoordinasi dengan aparat desa aktif dalam penggerakan lansia. Peran yang baik sebagai pemberi promosi kesehatan dalam hal mampu memberi penkes sesuai SAP, menyediakan alat peraga dan leaflet, peran kader yang baik pada pemberi pertolongan dasar dalam hal pendaftaran, pengukuran status gizi, pemeriksaan tekanan darah, pemeriksaan lab sederhana. Peran yang baik pada pendokumentasian dalam hal pendokumentasian masalah teknis dan kesehatan serta hasilnya digunakan untuk evaluasi. **Kesimpulan:** peran sebagai koordinator, penggerak masyarakat, pemberi pertolongan dasar dan pendokumentasian sudah berjalan baik, peran sebagai pemberi promosi kesehatan masih kurang baik **Saran:** di harapkan kader lebih aktif dalam berperan dalam meningkatkan pelayanan posyandu lansia **Kata kunci:** Peran Kader, Peningkatan Pelayanan, Posyandu Lansia **Pustaka:** 30 (2003-2018)

**NURSING PROGRAM
FACULTY OF NURSING AND HEALTH
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The Overview of the Volunteer Role in Improving Services at *Posyandu* of Elderly Sumber Sehat, Kungkung Village, Mranggen Regency.
xiv + 67 Pages + 19 Tables + 1 Schemes + 16 Appendixes

Abstract

Introduction: The elderly attendance rate at posyandu for healthy sources of kungkung village is only 14.31%, this is far from the national coverage rate of 80%. The role of volunteer is one of the factors supporting the presence of the elderly, through increasing the role of volunteer it is expected to be able to increase elderly visits. **The Objective:** To describe the role of volunteer in the posyandu of elderly elderly in the village of kungkung.. **Methods:** Descriptive research with cross sectional approach. The study population was a cadre of healthy elderly elderly Posyandu sources kungkung village mranggen district. The research sample uses a total sampling technique. Data analysis in this study used univariate. **Results:** As many as 12 people (60%) volunteer played a good role as coordinators, as many as 12 people (60%) played a good role as community mobilizers, as many as 10 people (50%) played a good role as providers of health promotion, as many as 15 people (75 %) played a good role in terms of basic aid providers, as many as 16 people (80%) played a good role in documentation. Discussion: A good role as a coordinator in terms of attendance at meetings, division of tasks, evaluation of activities. A good role as a community mobilizer in terms of actively coordinating with active village officials in mobilizing the elderly. A good role as a provider of health promotion in terms of being able to provide health care according to SAP, providing teaching aids and leaflets, a good cadre role in basic relief providers in terms of registration, measurement of nutritional status, blood pressure checks, simple lab examinations. A good role in documentation in terms of documenting technical and health problems and the results are used for evaluation. **Conclusion:** the role of coordinator, community mobilizer, basic assistance provider and documentation has been going well, the role as health promotion provider is still poor. **Suggestion:** volunteer are expected to be more active in playing roles in improving the services of elderly posyandu

Keywords: Volunteer Role, Service improvement, Elderly *Posyandu*

Reference: 30 (2003-2018)