

DIFFERENCES OF CHOLESTEROL BEFORE AND AFTER CUPPING THERAPY WITH ONE POINT PATTERN

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Abstrack

Cholesterol is a fat that plays an important role inside the body, But if too much cholesterol in the blood stream thus harmful to the body and affect the increased risk of a variety of ailments including such hypercholesterolemia. One of the alternative choice of treatment of cholesterol is by using a wet cupping therapy can lower levels of total cholesterol and cleans the blood significantly from the substance that causes diseases like Hyperlipidemia and effect of prevention against the occurrence of atherosclerosis. This research aims to know the difference in cholesterol levels in the blood before and after cupping therapy with pattern one point. The design of this research is experimental by using purposive sampling research design pre test post test without a control group. The number samples of 15 respondents conducted in the village of Lombang rt/rw 02/02. Average examination results total cholesterol levels before cupping therapy 244.87 mg/dl, while cholesterol levels after therapy was bekam 240.27 mg/dl. With Paired t-test statistical Test showed significant values 0.000, it indicates that the value of $p < 0.05$. The conclusion that can be drawn on this research, namely the existence of difference levels of total cholesterol cupping therapy before and after the pattern one point.

Keywords: Cupping Therapy, Cholesterol Level