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Pengalaman Petugas Puskesmas Dalam Melaksanakan Program Tablet Tambah Darah Pada Remaja Putri Di Kota Semarang Tahun 2019

ABSTRAK

Latar belakang : anemia merupakan keadaan dimana kadar hemoglobin atau sel darah merah di dalam tubuh berada dibawah normal yaitu 12-16 g/dL. Hasil penelitian Listiani (2018) menunjukkan bahwa sebelum intervensi rata-rata kadar hemoglobin pada kelompok perlakuan yaitu 10,7 gr/dL, pada kelompok kontrol 10,2 gr/dL. Setelah intervensi kadar hemoglobin mengalami peningkatan pada kelompok perlakuan memiliki rata-rata 11,4 gr/Dl dan pada kelompok kontrol 10,6 gr/Dl. Mengatasi hal tersebut maka pemerintah memberikan program tablet tambah darah pada remaja putri untuk menurunkan kejadian anemia. Petugas puskesmas sangat membantu dalam keberhasilan program tablet tambah darah. **Tujuan :** mengetahui pengalaman petugas dalam pelaksanaan program tablet tambah darah pada remaja putri di tingkat puskesmas. **Metode Penelitian :** metode yang digunakan untuk menggali pengalaman petugas program tablet tambah darah adalah kualitatif fenomenologi dengan jumlah partisipan sebanyak 10 orang. Pengumpulan data dilakukan dengan wawancara *indepht interview* dan dianalisa menggunakan metode colaizi. **Hasil penelitian :** terkait pengalaman petugas dalam melaksanakan program tablet tambah darah didapatkan 2 tema diantaranya (1) Rasa obat mempengaruhi minat konsumsi TTD, 2) Kendali konsumsi TTD. Kepatuhan konsumsi obat tablet tambah darah pada remaja putri sangat mempengaruhi hasil dari pelaksanaan program ini. **Kesimpulan :** Pengalaman petugas dalam melaksanakan program tablet tambah darah ini mengatakan rasa obat mempengaruhi minat konsumsi TTD hal ini sangat penting dalam keberhasilan program tablet tambah darah. Kendali konsumsi TTD di lakukan dengan monitoring melalui buku dari siswa, monitoring melalui pencatatan petugas, jadwal konsumsi TTD.

Kata kunci : Pengalaman petugas puskesmas, Program tablet tambah darah, Remaja putri

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Experience of Puskesmas Officers in Implementing the Tablet Add Blood Program for Female Adolescent in Semarang City in 2019

ABSTRACT

Background : anemia is a condition in which the levels of hemoglobin or red blood cells in the body are below normal, 12-16 g/dL. The results of the research Listiani (2018) shows that before the intervention the average hemoglobin levels in the treatment group, namely by 10.7 gr/dL, in the control group to 10.2 gr/dL. After intervention hemoglobin levels increased in the treatment group had an average of 11.4 gr/Dl and in the control group of 10.6 gr/Dl. To overcome this, the government gives the program a tablet add blood on the young women to lower the incidence of anemia. The clinic staff is very helpful in the success of the tablet program add blood. **Objective** : to determine the experience of the officer in the implementation of the tablet program add blood on the young women in the puskesmas level. **Research methods** : the method used to excavate the experience of the officer programs add blood tablet is a qualitative phenomenology with the number of participants as many as 10 people. Data collection is done by interview indepth interview and analyzed using the method of colaizi. **Research results** : related to the experience of the officer in carrying out the program of the tablet add blood obtained 2 theme include (1) the Taste of the drug affect the interest of the consumption of TTD, 2) Control of the consumption of TTD. Compliance with consumption of the drug tablet added the blood on the young women strongly influence the results of the implementation of this program. **Conclusion** : the Experience of the officer in carrying out the program of the tablet add blood is said the taste of the drug affect the interest of the consumption of TTD it is very important in the success of the tablet program add blood. Control of the consumption of TTD in the do with monitoring through the book from students, monitoring through the listing of officers, schedule of consumption of TTD.

Key words: *Experience of puskesmas officers, blood added tablet program, Female Adolescent*