DAFTAR PUSTAKA

1. Mahto A. Acne vulgaris. *Medicine.* 2017; 45(6): p386–389.

2. Lynn D, Umari T, Dellavalle R, Dunnick C. The epidemiology on acne vulgaris in late adolescence. *Adolescent Health, Medicine and Therapeutics.* 2017: p13-25.

3. Afriyanti RN. Akne Vulgaris Pada Remaja. *J Majority*. 2015; 4: p102-9.

4. Zaenglein AL, Graber EM, Thiboutot DM, Strauss JS. Acne vulgaris and acneiform eruption. Dalam: Goldsmith LA, Katz SI, Gilchrest BA, Paller AS, Leffell DJ, Wolff K, editors. Fitzpatrick's dermatology in general medicine. 8th ed. New York: McGraw-Hill; 2012. p690-703.

5. William DF. Nutrition and acne. *Clinic and Dermatology*. 2010; 28: p598-604.

6. Atkinson FS, Powell KF, Brand-Miller JC. International tables of glycemic index and glycemic load values. *Diabetes Care*. 2008; 3: p1-3.

7. Kaymak Y., Adisen E., Ilter N., Bideci A., Gurler D., Celik B. Dietary glycemic index and glucose, insulin, insulin-like growth factor-I, insulin-like growth factor binding protein 3, and leptin levels in patients with acne. *Journal of the American Academy of Dermatology*. 2007; 57(5): p819–823.

8. Ismail NH, Manaf ZA, Azizan NZ. High glycemic load diet, milk and ice cream consumption are related to acne vulgaris in Malaysian young adults: a case control study. *BMC Dermatology.* 2012; 12(1): p1–8.

9. Al-Quran Terjemahan. QS. Al – A'raf ayat 31. Departemen Agama RI. Bandung: CV Darus Sunnah. 2015. p154.

http://repository.unimus.ac.id

10. Cerman AA, et al. Dietary glycemic factors, insulin resistance, and adiponectin levels in acne vulgaris. *J Am Acad Dermatol.* 2016; 75: p155-62.

11. Narayenah M, Suryawati N. Karakteristik Profil Jerawat berdasarkan Indeks Glikemik Makanan pada Mahasiswa Semester III Fakultas Kedokteran Universitas Udayana tahun 2014. *Intisari Sains Medis.* 2017; 8(2): p139-143.

12. Burris J, Rietkerk W, Shikany JM, Woolf K. Differences in Dietary Glycemic Load and Hormones in New York City Adults with No and Moderate/Severe Acne. *Journal of the Academy of Nutrition and Dietetics.* 2017; 117(9): p1375–1383.

13. Kapantow, Grace M. Diagnosis Klinis Akne. Dalam: Wasitaatmadja, Sjarif M., editor. Kelompok Studi Dermatologi Kosmetik Indonesia. Akne. Jakarta: Badan Penerbit FK UI; 2018. p15–20.

14. Tan, J. K. L., Tang, J., Fung, K., Gupta, A. K., Thomas, D. R., Sapra, S. Sebaldt, R. J. Development and Validation of a Comprehensive Acne Severity Scale. *Journal of Cutaneous Medicine and Surgery*. 2007; 11(6): p211–21.

15. Layton AM. Disorders of the sebaceous glands. In: Burns T, Breathnach S, Cosx N, Griffiths C, editors. Rook's textbook of dermatology. 8th ed. Oxford: Wiley-Blackwell; 2010. p42–88

16. NPS MedicineWise. Investigator's Global Assessment (IGA) of acne severity. (Additional content — Adapalene with benzoyl peroxide (Epiduo) for severe acne vulgaris). Australia: 2011. Tersedia pada https://www.nps.org.au/radar/articles/investigators-global-assessment-iga-of-acne-severity-additional-content-adapalene-with-benzoyl-peroxide-epiduo-for-severe-acne-vulgaris . Diakses pada 10 Juli 2020

17. Nast, A., Dréno, B., Bettoli, V., Degitz, K., et al. European Evidence-based (S3) Guidelines for the Treatment of Acne. *Journal of the European Academy of Dermatology and Venereology.* 2012; 26: p1–29.

http://repository.unimus.ac.id

18. Baumann L, Keri J. Acne (Type 1 sensitive skin). In: Baumann L, Saghari S, Weisberg E, eds. Cosmetic dermatology principles and practice. 2nd ed. New York: Mc Graw Hill. 2009. p121-7.

19. Rahmadewi, M. R. Pengaruh Hormon terhadap Akne Vulgaris. *BIKKK - Berkala Ilmu Kesehatan Kulit dan Kelamin.* 2015; 27(3): p224-218

20. Bowe WP, Joshi SS, Shalita AR. Diet and Acne. *J Am Acad Dermatol*. 2010; 63(1): p224-41.

21. Ghodsi SZ, Orawa H, Christos C. prevalence, severity, and severity risk factor of acne in high school pupils: A community-based study. *Journal of Inverstigative Dermatology*. 2009; 129(9): p2136-2141.

22. Jung JY, Yoon MY, Min SU, Hong JS, Choi YS, Suh DH. The Influence of Dietary Pattern on Acne Vulgaris in Koreans. *Eur J Dermatol.* 2010; 20(6): p768-72.

23. Hosthota A., Bondade S., Renu K., Braroo S. The association of acne vulgaris with smoking in men: a hospital based study. *International Journal Res Dermatol.* 2017; 3(2): p196–201.

24. Latifah, S., Kurniawaty, E. Stress dengan Akne Vulgaris. *Majority*. 2015; 4(9): p134-129

25. Gollnick, H. P. M. From new findings in acne pathogenesis to new approaches in treatment. *Journal of the European Academy of Dermatology and Venereology*. 2015; 29: p1–7.

26. Zanglein AL., Graber EM., Thiboutot OM., Strauss JS. Acne Vulgaris and Acneiforrn Eruptions. Dalam: Wol ff K, Goldsmith LA, S. I K, Gilchhrest BA, Paller AS, Leffell DJ, editors. Fitzpatrick's Dermatology in General Medicine. Edisi ke-7. New York: McGrawHill; 2008. p690-703.

http://repository.unimus.ac.id

27. Lawley LP., Parker SRS. Perioral dennatitis. Dalam: Goldsmith LA., Katz SI., Gilshrest BA., Paller AS., Leffel DA., Wolff K. penyunting. Fitzpatrick's dermatology in general medicine. Edisi ke-8. New York: McGraw- Hill; 2012. p925-8.

28. Kundu RV., Garg A. Yeast infections: candidiasis, tinea (pityriasis) versicolor, and malassezia (pityrosporum) folliculitis. Dalam: Goldsmith LA., Katz SI., Gilshrest BA., Paller AS., Leffel DA., Wolff K. penyunting. Fitzpatrick's dermatology in general medicine. Edisi ke-8. New York: McGraw- Hill; 2012. p23-101.

29. Hazel AO,etal. Acne Management Guidelines by the Dermatological Society of Singapore. *J Clin Aesthet Dermatol.* 2019;12(7): p34–50.

30. Kucharska A, Szmurło A, Sińska B. Significance of diet in treated and untreated acne vulgaris. *Advances in Dermatology and Allergology.* 2016; 2: p81–86.

31. Beck, M. E. Ilmu Gizi Dan Diet Hubungannya Dengan Penyakit-Penyakit Untuk Perawat dan Dokter. Yogyakarta: Yayasan Essentia Medica. 2011

32. Mann J., & Truswell A. S. Buku Ajar Ilmu Gizi (Vol. 4). Jakarta: Penerbit Buku Kedokteran EGC. 2014. p22-23.

33. Arif, AB., Budiyanto, Agus., dan Hoerudin. Nilai Indeks Glikemik Produk Pangan dan Faktor-Faktor yang Memengaruhinya. J. *Litbang Pert.* 2013; 32(3): p91-99

34. Brown JE. Nutrition Through the Life Cycle. 2nd ed. USA: Thompson Wadsworth; 2008

35. Radulian, G., Rusu, E., Dragomir, A., Posea, M. Metabolic Effect of Low Glycemic Index Diet. *Nutrition Journal*. 2009; 8(5): p1–8.

36. Onna Lo, Y. M. Glycemic Index and Glycemic Load. *Integrative Medicine.* 2018. p863–868

http://repository.unimus.ac.id

37. Sirajuddin D. Survei Konsumsi Pangan. Jakarta: Kementerian Kesehatan Republik Indonesia. 2018

38. Sediaoetama AD. Ilmu Gizi untuk Mahasiswa dan Profesi. Dian Rakyat. Jakarta. 2008

39. Peraturan Pemerintah Nomor 28 Tahun 2019 tentang Anjuran Kecukupan Gizi yang Dianjurkan untuk Masyarakat Indonesia.

40. Kathleen Mahan, Janice L. Raymond. Food & The Nutrition Care Process. 14th edition. 2017

41. Jusuf, Nelva K. Akne dan Diet. Dalam: Wasitaatmadja, Sjarif M., editor. Kelompok Studi Dermatologi Kosmetik Indonesia. Akne. Jakarta: Badan Penerbit FK UI; 2018. p189–198.

42. Atabek ME., Keskin M., Yazici C., Mustafa K., Nihal H., Esad K., et al. Protein oxidation in obesity and insulin resistance. *Eur J Pediatr*. 2006; 165: p753–6.

43. Ayala A, Munoz MF, Arguelles S. Lipid peroxidation: production, metabolism and signaling mechanism of malondialdehyde and 4-hydroxy-2-nonenal. *Oxid Med Cell Longev*. 2014; 112: p21-8.

44. Ottaviani M, Camera E, Picardo M. Lipid mediators in acne. *Mediators Inflamm*. 2010; 10: p1-6.

45. Sastroasmoro, S. Dasar – Dasar Metodologi Penelitian Klinis Edisi ke–5. Jakarta: Sagung Seto. 2014

http://repository.unimus.ac.id