

## **DAFTAR PUSTAKA**

1. Shamsuddin K, Fadzil F, Ismail WSW, Shah SA, Omar K, Muhammad NA, et al. Correlates of depression, anxiety and stress among Malaysian university students. *Asian J Psychiatr.* 2013;6(4):318–23.
2. Yaribeygi H, Panahi Y, Sahraei H, Johnston TP. Review article : The Impact Of Stress On Body Function : A Review. 2017;1057–72.
3. Kupriyanov R, Zhdanov R. The Eustress Concept : Problems and Outlooks. 2014;11(2):179–85.
4. Abdulghani HM, Alkanhal AA, Mahmoud ES, Ponnamperuma GG, Alfaris EA. Stress and Its Effects on Medical Students : A Cross-sectional Study at a College of Medicine in Saudi Arabia. 2011;29(5):516–22.
5. Bulo JG. CVCITC Research Journal. 2014;1(1).
6. Kerala Medical. Stress among Medical Students. 2012;V(2):34–7.
7. Sari MI, Lisiswanti R, Oktaria D, Kedokteran BP, Kedokteran F, Lampung U. Learning in Medical Education : Introduction for New Medical Students. Jk Unila. 2016;1:399–403.
8. Tantra MA, Irawaty E. Hubungan antara tingkat stres dengan hasil belajar pada mahasiswa Fakultas Kedokteran Universitas Tarumanagara angkatan 2014. 2019;1(2):367–72.
9. Melaku L, Mossie A, Negash A. Stress among Medical Students and Its Association with Substance Use and Academic Performance. 2015;(January 2016).
10. Azis MZ, Bellinawati N. Faktor Risiko Stres dan Perbedaannya pada Mahasiswa

- Berbagai Angkatan di Fakultas Kedokteran Universitas Muhammadiyah Palembang. 2015;2(2):197–202.
11. Augesti G, Lisiswanti R, Saputra O, Nisa K. Differences In Stress Level Between First Year And Last Year Medical Students In Medical Faculty Of Lampung. 2015;4:50–6.
  12. Carolin. Gambaran Tingkat Stres Pada Mahasiswa Pendidikan Sarjana Kedokteran Universitas Sumatera Utara. Universitas Sumatera Utara. 2010.
  13. Wahyudi R, Bebasari E, Nazriati E. Gambaran Tingkat Stres pada Mahasiswa Fakultas Kedokteran Universitas Riau Tahun Pertama. 2015;
  14. Folkman S. Personal control and stress and coping processes: A theoretical analysis. J Pers Soc Psychol. 1984;
  15. Slamet dan Markam. Pengantar Psikologi Klinis. EGC; 2008.
  16. Lubis NL. Depresi : Tinjauan Psikologis. Jakarta: EGC; 2009.
  17. Yulianti ng D, Widyastuti P, Yulianti D, Council NS. Manajemen stres = (stress management) / National safety council. Jakarta; 2003.
  18. Edward P. Sarafino, Timothy W. Smith, David B. King AD. Health Psychology: Biopsychosocial Interactions FirstCanadian Edition. New York; 2015.
  19. Division 15 officeholders, 1946–1969. Vol. 6, Educational Psychologist. 1969. 28 p.
  20. Suliswati. Konsep Dasar Keperawatan Jiwa. Jakarta: EGC; 2005.
  21. Setyorini A. Stres dan Koping pada Pasien Dengan DM Tipe 2 dalam Pelaksanaan Manajemen Diet di Wilayah Puskesmas Banguntapan II Kabupaten Bantul. Heal Sci Pharm J. 2017;
  22. Potter J. Making psychology relevant. Discourse Soc. 2005;

23. Hallen. Bimbingan dan Konseling. Jakarta: Quantum Teaching.; 2005.
24. Rice PL. Stress and Health. California: Brookes/Cole.; 1999.
25. Lovibond SH, Lovibond PF. Manual for the Depression Anxiety Stress Scales. Psychology Foundation of Australia. 1995.
26. Olpin, M., Hesson M. Stress management for life: a research-based experiential approach. 2nd ed. USA: Wadsworth Cengage Learning; 2009.
27. Yusoff MSB, Abdul Rahim AF, Yaacob MJ. Prevalence and sources of stress among Universiti Sains Malaysia medical students. Malaysian J Med Sci. 2010;
28. Folkman S. Stress: Appraisal and Coping. In: Encyclopedia of Behavioral Medicine. 2013.
29. Smet B. Psikologi kesehatan. J Public Health (Bangkok). 2012;
30. Pamjaki A. Arsip PAMJAKI. 2007;
31. Calaguas GM. Parents/teachers and self-expectations as sources of academic stress. Int J Res Stud Psychol. 2012;
32. Direktorat Jenderal Pembelajaran dan Kemahasiswaan. Buku Panduan Penyusunan Kurikulum Pendidikan Tinggi Edisi III. Direktorat Jenderal Pembelajaran dan Kemahasiswaan Kementerian Riset Teknologi dan Pendidikan Tinggi. 2018;
33. Sohail N. Stress and academic performance among medical students. J Coll Physicians Surg Pakistan. 2013;
34. N V, Shastri S. Stress and Academic Performance. Int J Indian Psychology. 2016;
35. Elias H, Ping WS, Abdullah MC. Stress and academic achievement among undergraduate students in Universiti Putra Malaysia. In: Procedia - Social and

- Behavioral Sciences. 2011.
36. Ismiati. Problematika Dan Coping Stres S Mahasiswa. J Al-Bayan. 2015;21(32):15–27.
  37. Zubir DM. Hubungan antara psychological well-being dan college adjustment pada mahasiswa tahun pertama Universitas Indonesia = The correlation between psychological well-being and college adjustment among first- year college students of Universitas Indonesia. 2012;
  38. Nazri NB, Ghee WY. the Impact of Role Stress on Turnover. In: Proceedings of The 4th International Seminar on Entrepreneurship and Business (ISEB 2015). 2015.
  39. Heiman T. An examination of peer relationships of children with and without attention deficit hyperactivity disorder. Sch Psychol Int. 2005;
  40. Dyrbye LN, Thomas MR, Shanafelt TD. Medical student distress: causes, consequences, and proposed solutions. Mayo Clin Proc. 2005 Dec;80(12):1613–22.
  41. Yusoff MSB. The Stability of MSSQ to Measure Stressors among Medical Students. Int Med J. 2013 Apr 21;20:1–3.
  42. Rahmayani RD, Liza RG, Syah NA. Gambaran Tingkat Stres Berdasarkan Stressor pada Mahasiswa Kedokteran Tahun Pertama Program Studi Profesi Dokter Fakultas Kedokteran Universitas Andalas Angkatan 2017. J Kesehat Andalas. 2019;8(1):103.
  43. Agusmar A, , Vani A, , Wahyuni S. Perbandingan Tingkat Stres pada Mahasiswa Angkatan 2018 dengan Angkatan 2015 Fakultas Kedokteran Universitas Baiturrahmah. 2018;020.
  44. Garg K, Agarwal M, Dalal PK. Stress among medical students: A cross-

- sectional study from a North Indian Medical University. *Indian J Psychiatry* [Internet]. 2017;59(4):502–4. Available from: <https://pubmed.ncbi.nlm.nih.gov/29497197>
45. Notoatmodjo Soekidjo. Metodologi Penelitian Kesehatan. Jakarta: Rineka Cipta. Notoatmodjo, S. (2012). Metodologi Penelitian Kesehatan. Jakarta: Rineka Cipta. 2012.
  46. Sopiyudin Dahlan M. Besar Sampel dalam Penelitian Kedokteran dan Kesehatan. Epidemiologi Indonesia. 2016.
  47. Puspitha FC, Sari MI, Oktaria D. Hubungan Stres Terhadap Motivasi Belajar Mahasiswa Tingkat Pertama Fakultas Kedokteran Universitas Lampung The Relation Between Stress and Learning Motivation of First Year Medical Student in Medical Faculty Of Lampung University. 2018;7(3):24–33.
  48. Pinasthika A, Andi Findyartini. Hubungan Jenis Kelamin dan Asal Daerah dengan Mekanisme Coping Mahasiswa tahun Pertama Program Studi Pendidikan Dokter FK UI Tahun ajaran 2015/2016. Vol. 6, Perhimpunan Pengkaji Ilmu Pendidikan Kedokteran Indonesia. 2018.
  49. Blanch DC, Hall JA, Roter DL, Frankel RM. Medical student gender and issues of confidence. *Patient Educ Couns*. 2008;72(3):374–81.
  50. Health Workforce Australia. Australia's Health Workforce Series Doctors in focus. 2012;37.
  51. Council GM. The state of medical education and practice in the UK. 2013. 142 p.
  52. Feist J, Feist GJ. Teori Kepribadian (Jilid Ketujuh). Jakarta: Salemba Humanika. 2010.