

PROGRAM STUDI S1 KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN DAN KESEHATAN
UNIVERSITAS MUHAMMADIYAH SEMARANG

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Pengaruh PROLANIS Terhadap Tekanan Darah Pada Pasien DM tipe II di Puskesmas Banjardawa

Abstrak

xiii + 51 halaman + 7 Tabel + 2 Gambar + 8 Lampiran

Latar Belakang : Tekanan darah berpengaruh terhadap pasien DM tipe II karena dapat memperparah penyakitnya, sehingga pasien DM tipe II dengan hipertensi perlu mengikuti PROLANIS. Dalam upaya peningkatan kesehatan masyarakat penderita hipertensi di Puskesmas Banjardawarutin memberikan penyuluhan kesehatan tentang hipertensi.

Tujuan Penelitian : untuk mengetahui pengaruh PROLANIS terhadap tekanan darah pada pasien DM tipe II di Puskesmas Banjardawa

Metode : Jenis penelitian adalah pre eksperimental dengan rancangan yang peneliti gunakan *One Grup Pretest-Posttest design*

Hasil penelitian : Hasil tekanan darah sistolik sebelum dengan nilai median responden adalah 140 dan nilai sistolik setelah 130, hasil tekanan darah diastolik sebelum dengan nilai median responden adalah 95 dan nilai diastolik setelah 80, ada pengaruh PROLANIS terhadap tekanan darah sistolik sebelum dan setelah mengikuti PROLANIS. Berdasarkan dengan nilai $p\text{ value} = 0,307 > \alpha (0,05)$, ada pengaruh PROLANIS terhadap tekanan darah diastolik sebelum dan setelah mengikuti PROLANIS dengan nilai $p\text{ value} = 0,000 < \alpha (0,05)$.

Saran : Hasil penelitian ini dapat meningkatkan pengetahuan, merubah sikap responden dalam pencegahan dan pengelolaan penyakit kronis, dapat dijadikan kebijakan dalam membuat program PROLANIS yang berhubungan dengan pasien DM tipe II.

Kata Kunci : PROLANIS, Tekanan Darah, Diabetes Mellitus Tipe II

Pustaka : 26 (2005-2016)

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The Effect of PROLANIS towards the Blood Pressure of Patient with DM type II in PuskesmasBanjardawa

Abstract

xiii + 51pages + 7Tables + 2 Figures + 8Appendices

Introduction: Those who suffered from DM type II with high blood pressure would increase their illness. Therefore, they need to have PROLANIS. Besides, PuskesmasBanjardawa routinely provided health counseling about hypertension.

Objective: to explore to what extent does PROLANIS effect towards the blood pressure of patient with DM type II in Puskesmas Banjardawa

Method: This was pre-experimental with *One Grup Pretest-Posttest design*.

Result: According to the respondent median score, the result of the systolic before Prolanis treatment was 140 and systolic after treatment was 130. While the diastolic before Prolanis was 95 and after prolanis treatment was 80. It indicated that there was significant effect of PROLANIS towards patient's systolic. Considering the $p\ value = 0,307 > \alpha (0,05)$, it could be stated that there was significant effect of PROLANIS treatment towards patients' diastolic before and after PROLANIS treatment as indicated by $p\ value = 0,000 < \alpha (0,05)$.

Suggestion: The writer suggests that the result of the study would increase the knowledge, change the mindset of the respondent in preventing and managing chronic disease, besides it also can be used as such policies in organizing PROLANIS program related to patient with DM type II.

Keywords: PROLANIS, Blood Pressure, Diabetes Mellitus Type II

Pustaka : 26 (2005-2016)