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#### Article Title

Efek Hipoglikemik Kecambah Beras Merah pada Tikus yang Diinduksi STZ-NA dengan Parameter Kadar Insulin, Indeks HOMA-IR dan HOMA β

Hypoglycemic Effect of Red Rice Germ on Insulin Levels, HOMA-IR and HOMA β
Index of STZ-NA Induced Rats

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Nurhidajah

20 Januari 2017

## Daftar Revisi Artikel

- 1. Judul (bahasa Inggris) (hal 319): ditambah tanda koma (,) setelah Insulin Level, ...........
- 2. Email: inung.bkj@gmail.com diganti nurhidajah@unimus.ac.id
- 2. Abstrak : (hal 319)
  - baris ke 5 : 2,5 bulan diganti 10 minggu.
  - Baris terakhir : kata "memperbaiki" dihilangkan. "kekuatan sel beta pankreas" diganti "meningkatkan sel beta pankreas"
- 3. Abstract: (hal 319) dirubah seperti dibawah:

Germination process of grains such as rice, could increase some nutritional values such as amino acids and dietary fiber. Red rice and its sprouts are believed to be able to decrease blood glucose level in patients with diabetes mellitus (DM). The aim of this study was to evaluate the hypoglycemic effect of red rice sprouts in STZ-NA induced diabetic rats on blood glucose level, insulin level, HOMA-IR and HOMA-β index. This experimental study was conducted based on randomized post test only control group design using 24 male Wistar rats aged 10 weeks. Rats were divided into 4 groups, one group without induction of STZ-NA fed with a standard diet (control) and three groups of STZ- NA induced with a standard diet, red rice and red rice germ. Experiments were conducted for 6 weeks. The results showed that sprouted red rice lowered blood glucose levels by 61.88 % and the value of HOMA-IR (insulin resistance parameters) by 56.82%. Insulin level increased by 16.35 % and HOMA-β by 763.6 %. This study showed that red rice germ was able to decrease blood glucose levels and insulin resistance of DM rats and increase strength of the pancreatic beta cells.

- 4. Pendahuluan (hal 320) : baris ke 5 : kegiatan diganti aktivitas
- 5. Hewan Percobaan (hal 321):
  - baris ke 3 : 2,5 bulan diganti 10 minggu
  - berat badan 175-250g dihilangkan
- 6. Analisis Statistik (hal 322) : diganti seperti dibawah :

Hasil yang diperoleh diolah menggunakan SPSS Statistik 21. Uji Kolmogorov-Smirnov dan Shapiro-Wilk untuk menentukan normal tidaknya distribusi data. Data terdistribusi normal, diuji menggunakan uji One Way ANOVA dan dilanjutkan uji LSD. Data yang tidak terdistribusi normal, diuji Kruskal-Wallis dengan uji lanjut Mann Whitney.