

## Bukti korespondensi

### Submit

The screenshot shows a Gmail inbox with a selected email titled "[SEANR] Submission Acknowledgement". The email is from Ns. Aric Vranada, MSN (journal@unimus.ac.id) to the recipient, dated Monday, January 25, 1:18 PM. The email content includes a thank you message for submitting a manuscript titled "Cucumber and honey soaking reduces hypertension in the elderly" to South East Asia Nursing Research. It provides a manuscript URL: <https://jurnal.unimus.ac.id/index.php/SEANR/author/submission/7915> and a username: edi\_soesanto. It also offers contact information for any questions. At the bottom of the email, there are three response buttons: "Noted with thanks.", "Thanks a lot.", and "Thank you for your response."

### Accepted

The screenshot shows a Gmail inbox with a selected email titled "[SEANR] Editor Decision". The email is from Hiromi Ogasawara (journal@unimus.ac.id) to the recipient, dated 9:21 AM (125 days ago). The email content states that a decision has been reached regarding the submission "Cucumber and honey soaking reduces hypertension in the elderly". The decision is to "Accept Submission". The sender's contact information is provided: Hiromi Ogasawara, [Scopus-ID: 57191072463], Japan Asia Medical Nurse Association, [hiromi.oga311@gmail.com](mailto:hiromi.oga311@gmail.com). The email also includes the journal name and URL: South East Asia Nursing Research, <https://jurnal.unimus.ac.id/index.php/SEANR>. At the bottom of the email, there are two buttons: "Reply" and "Forward".

# Copyediting

This screenshot shows a Gmail inbox with the following details:

- Subject:** [SEANR] Copyediting Review Request
- From:** Hiromi Ogasawara <jurnal@unimus.ac.id>
- To:** me
- Date:** 9:21 AM (120 days ago)
- Body:**

Dr. Edy Soesanto.

Your submission "Cucumber and honey soaking reduces hypertension in the elderly" for South East Asia Nursing Research has been through the first step of copyediting, and is available for you to review by following these steps.

  1. Click on the Submission URL below.
  2. Log into the journal and click on the File that appears in Step 1.
  3. Open the downloaded submission.
  4. Review the text, including copyediting proposals and Author Queries.
  5. Make any copyediting changes that would further improve the text.
  6. When completed, upload the file in Step 2.
  7. Click on METADATA to check indexing information for completeness and accuracy.
  8. Send the COMPLETE email to the editor and copyeditor.

Submission URL:  
<https://jurnal.unimus.ac.id/index.php/SEANR/author/submissionEditing/7915>  
Username: edi\_soesanto

This is the last opportunity to make substantial copyediting changes to the submission. The proofreading stage, that follows the preparation of the galley, is restricted to correcting typographical and layout errors.

If you are unable to undertake this work at this time or have any questions, please contact me. Thank you for your contribution to this journal.

This screenshot shows a Gmail inbox with the following details:

- Subject:** [SEANR] Copyediting Review Acknowledgement
- From:** Hiromi Ogasawara <jurnal@unimus.ac.id>
- To:** me
- Date:** 9:21 AM (117 days ago)
- Body:**

Dr. Edy Soesanto:

Thank you for reviewing the copyediting of your manuscript, "Cucumber and honey soaking reduces hypertension in the elderly" for South East Asia Nursing Research. We look forward to publishing this work.

Hiromi Ogasawara  
[Scopus-ID: 57191072463], Japan Asia Medical Nurse Association  
[hiromi.oga311@gmail.com](mailto:hiromi.oga311@gmail.com)

---

South East Asia Nursing Research  
<https://jurnal.unimus.ac.id/index.php/SEANR>

Buttons: Reply, Forward

# Proofreading

This screenshot shows a Gmail inbox with a selected email titled "[SEANR] Proofreading Request (Author)". The email is from Hiromi Ogasawara (journal@unimus.ac.id) and is dated 9:22 AM (98 days ago). The email content includes a request to proofread a submission titled "Cucumber and honey soaking reduces hypertension in the elderly" for the journal South East Asia Nursing Research. It provides a list of six steps for proofreading: 1. Click on the Submission URL below. 2. Log into the journal and view PROOFING INSTRUCTIONS. 3. Click on VIEW PROOF in Layout and proof the galley in the one or more formats used. 4. Enter corrections (typographical and format) in Proofreading Corrections. 5. Save and email corrections to Layout Editor and Proofreader. 6. Send the COMPLETE email to the editor. The submission URL is <https://jurnal.unimus.ac.id/index.php/SEANR/author/submissionEditing/7915> and the username is edj\_soesanto. The sender's contact information includes Scopus-ID: 57191072463, Japan Asia Medical Nurse Association, and email [hiromi.oga311@gmail.com](mailto:hiromi.oga311@gmail.com). The journal's website is <https://jurnal.unimus.ac.id/index.php/SEANR>. The Gmail interface shows the left sidebar with Mail (1,241), Chat, Spaces, and Meet. The top navigation bar includes a search bar and account settings. The Windows taskbar at the bottom shows various application icons and the system clock at 09:30 on 30/09/2021.

This screenshot shows a Gmail inbox with a selected email titled "[SEANR] Proofreading Acknowledgement (Author)". The email is from Aric Vranada (journal@unimus.ac.id) and is dated 9:23 AM (96 days ago). The email content expresses gratitude for proofreading the galley for the manuscript "Cucumber and honey soaking reduces hypertension in the elderly" in South East Asia Nursing Research. It states that the journal is looking forward to publishing the work shortly. It also mentions that if the recipient subscribes to the notification service, they will receive an email of the Table of Contents as soon as it is published. The sender's contact information includes Scopus-ID: 6196920, Universitas Muhammadiyah Semarang, and email [aricvranada@unimus.ac.id](mailto:aricvranada@unimus.ac.id). The journal's website is <https://jurnal.unimus.ac.id/index.php/SEANR>. The Gmail interface shows the left sidebar with Mail (1,240), Chat, Spaces, and Meet. The top navigation bar includes a search bar and account settings. The Windows taskbar at the bottom shows various application icons and the system clock at 09:32 on 30/09/2021.