


# BUKTI KORESPONDENSI

## Activity of $\beta$ -Sitosterol Isolated from *Kalanchoe tomentosa* Leaves Against *Staphylococcus aureus* and *Klebsiella pneumonia*

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| 1. Pengiriman Artikel                            | Tanggal 1 Februari 2022 |
| 2. Balasan penerimaan artikel                    | Tanggal 5 Februari 2022 |
| 3. Artikel harus direvisi sesuai arahan reviewer | Tanggal 24 maret 2022   |
| 4. Biaya prosesing artikel                       | Tanggal 4 April 2022    |
| 5. Pembayaran biaya proses artikel               | Tanggal 4 April 2022    |
| 6. Redaksional akhir artikel                     | Tanggal 2 Juni 2022     |
| 7. Publikasi                                     |                         |

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**Submitted to:** Pakistan Journal of Biological Sciences  
**Title:** Antimicrobial activity of  $\beta$ -sitosterol isolated from *Kalanchoe tomentosa* leaves against *Staphylococcus aureus* and *Klebsiella pneumonia*

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## List Revision

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No	Editor request	
1	All mentioned Table are not available in the article	<b>All tables inserted in the 1<sup>st</sup> revision article</b>
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**Antimicrobial activity of  $\beta$ -sitosterol isolated from *Kalanchoe tomentosa* leaves against *Staphylococcus aureus* and *Klebsiella pneumonia***

Running title:

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**ABSTRACT**

Background and Objective: Fresh *K. tomentosa* leaves obtained from Bandung, Indonesia was extracted using n-hexane followed by serial dichloromethane maceration. Material and Method: N-hexane and ethyl acetate were used to separate the dichloromethane extract using Vacuum Liquid Chromatography and the isolated compounds were recrystallized with n-hexane. Result: 37mg of dichloromethane extract was obtained from the extraction process. Recrystallized compound isolates were identified as stigmast-5-en-3 $\beta$ -ol or  $\beta$ -sitosterol. Both dichloromethane extract and  $\beta$ -sitosterol isolated compounds showed strong bacteriostatic activity against *S. aureus* with MIC=15.63  $\mu$ g/mL and 7.81 $\mu$ g/mL, and *K. pneumonia* with MIC=7.81 $\mu$ g/mL and 31.25 $\mu$ g/mL, respectively. However, only dichloromethane extract exhibited bactericidal effect (7.81  $\mu$ g/mL). Conclusion: –Pure  $\beta$ -sitosterol compound was isolated from *K. tomentosa* dichloromethane extract. Both the dichloromethane extract and the isolated  $\beta$ -sitosterol compound had antibacterial effects against *S. aureus* and *K. pneumonia*.

**Keywords:** *Kalanchoe tomentosa*,  $\beta$ -sitosterol, Oral infection, Minimum Inhibition Concentration, Minimum Bactericidal Concentration

## Introduction

Oral cavity infections are often caused by both aerobic and anaerobic bacteria. Odontogenic infections such as osteomyelitis can cause symptoms such as oedema, pain, lymphadenitis, fever, cellulitis, and trismus (Fragiskos, n.d.; Balaji 2007).

*Staphylococcus aureus* is a bacterial pathogen responsible for a wide range of infections (Bien, Sokolova, and Bozko 2011). It is able to survive prolonged extreme conditions to cause infection, it causes abscesses when neutrophils enter the infection site in the invasion stage and is able to directly invade the lymph vessels and blood to produce bacteriotoxins that cause severe infection (Hassan 2016; Sheikh and Kiyani 2010). Invasion of *S. aureus* into the heart tissue can cause acute endocarditis. *S. aureus* strains are resistant to several antibiotics including methicillin, nafcillin, and cephalosporins. These strains are known as methicillin-resistant *S. aureus* (MRSA) (“Staphylococcus Aureus” n.d.). The presence of *S. aureus* is confirmed via blood culture where whitish-gold colonies are indicative of the pathogen. A clear halo around the bacterial colony is characteristic of this bacterium’s release of haemolysin A toxin which ruptures red blood cells (Taylor and Unakal 2021).

*Klebsiella pneumoniae* is a gram-negative bacterium. Barlean et al. reported *K. pneumoniae* and *S. aureus* as the most commonly identified pathogens in surgical site infections in oral and maxillofacial surgery patients (Barlean et al. 2019). As with *S. aureus*, *K. pneumoniae* also exhibits antibiotic resistance (Baker et al. 2019; Petrosillo et al. 2013). Both bacteria are present in the oral cavity and have been reported in postoperative head and neck wound infections.

Adequate antibacterial administration is needed to treat bacterial infections. However, increased resistance with widespread antibacterial use has become a major public health issue worldwide. Therefore, it is necessary to search for novel antibacterial agents to treat infections without causing resistance. Natural ingredients have been a promising target for new antibacterial agents with less side effects (Hassan 2016; Barlean et al. 2019).

Kalanchoe is a large genus of colorful succulent plants. It grows widely in Africa, Saudi Arabia, Asia, the Americas and Australia (Khan et al. 2006; Saleh et al. 2014). Some species of Kalanchoe are used as traditional medicinal plants. *Kalanchoe tomentosa* is part of the family Crassulaceae; it is a succulent plant with dense, white, hair-like covering. It is also commonly known as the Panda plant. *K. tomentosa* is rich in alkaloids, triterpenes, glycosides, flavonoids, steroids and lipids. (Saleh et al. 2014; Aisyah et al. 2015, 2020). Ethanolic extracts of *K. tomentosa* (Crassulaceae) has been reported to contain 14 compounds including  $\alpha$ -amyrin acetate, friedelin, glutinol, 1-dotriacontanol, phytol, stigmasta-7,25-dien-3 $\beta$ -ol,  $\beta$ -sitosterol, isorhamnetin, 2,3-dihydroxypropyl tetradecanoate, eriodictyol, gallic acid, quercetin, kampferol-3-O-Rutinoside and isovitexin (Saleh et al. 2014). The flavonoid profile of *K. tomentosa* increases cytotoxic activity against P-388 murine leukemia cells (Aisyah et al. 2015). However, literature reporting the antibacterial activity of *K. tomentosa* remains limited.

$\beta$ -sitosterol is a bioactive phytosterol that is naturally derived from plant cell membranes (Babu and Jayaraman 2020). It has been reported to exhibit antibacterial activity against *S. aureus* and *Escherichia coli*. Furthermore, it has been reported to show interesting anti-inflammatory and wound healing effects (Babu and Jayaraman 2020). Pneumolysin is a toxin released by *S. pneumolysin* that is not targeted by currently available antibiotics, making it an interesting target for the development of therapeutics against this pathogen (Li et al. 2015). The phytosterol  $\beta$ -sitosterol has been shown to effectively protect against pneumolysin-induced cell lysis.  $\beta$ -sitosterol interacts with the toxin at Thr459 and Leu460. This in vitro study aims to determine

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the potential of *K. tomentosa* extracts against *S. aureus* and *K. pneumoniae* bacteria, compared against  $\beta$ -sitosterol standards.

### Materials and Methods

A set of maceration and KCV. Aqueous sterile, acetone ( $\text{CH}_3\text{COCH}_3$ ), ethyl acetate ( $\text{CH}_3\text{COOC}_2\text{H}_5$ ), dichloromethane ( $\text{CH}_2\text{Cl}_2$ ), methanol ( $\text{CH}_3\text{OH}$ ), n-hexane ( $\text{C}_6\text{H}_{14}$ ), chloroform ( $\text{CHCl}_3$ ) p.a, Thin Layer Chromatography (TLC) plate F254 Merck, Silica gel Merck 60 (0.2- 0.5 mm), Silica gel Merck 60 G Ultraviolet lamps; brand Vilber Lourmat VL-8. LC, rotary evaporator brand Heidolph Laborota 4000, a set of vacuum liquid chromatography (VLC), Ultraviolet spectrophotometer; Hewlett Packard 8453, Infrared spectrophotometer; Shimadzu Type Prestige-21, spectrometer; NMR  $^1\text{H}$  brand JEOL Type JNM-ECA 500 MHz methods were used to elucidate the structures of  $\beta$ -sitosterol.

### Plant Collection, Extraction and Isolation of compounds

*K. tomentosa* leaves were obtained from a nursery at Lembang, Bandung, West Java, Indonesia (6.8145°S latitude, 107.6230°E longitude, 2.254ft elevation). The plant was transported to our laboratory in Bandung city and was identified by an expert before being cleaned and cut into smaller pieces.

20 kg of fresh *K. tomentosa* leaves were ground and extracted via maceration using n-hexane for 24 hours. Maceration was repeated until the extract was colourless (indicated using thin layer chromatography (TLC)). The extract was filtered and re-extracted using methylene chloride for 24 hours. The final extract was filtered and concentrated using a rotary evaporator. A solid dark green methylene chloride extract (MCE) was separated using Vacuum Liquid Chromatography (VLC) (silica gel G60) with n-hexane-EtOAc solvent. TLC using n-hexane-

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EtOAc was performed on the crystals chosen to determine its purity and compare against pure  $\beta$ -sitosterol compounds.

#### *Antibacterial Activity Test*

100 $\mu$ L nutrient broth (NB) was added into the first column of a 96- well plate as negative control. 5 $\mu$ L of *S. aureus* and *K. pneumonia* bacterial suspensions was added into 10 mL NB and vortexed to mix. 100 $\mu$ L of the bacterial suspension was added to columns 2-12. 100 $\mu$ L of MCE5 was added into each well and pipetted to mix. Next, 100 $\mu$ L was taken from the second column and serially diluted across the 3<sup>rd</sup> column until the 12<sup>th</sup> column. The plate was incubated at 37°C for 24 hours, and then the clear wells were observed. The lowest concentration where no microbial growth was detected was defined as the Minimum Bactericidal Concentration (MBC). 5 $\mu$ L of solution from the clear wells were transferred into nutrient agar (NA) and incubated at 37°C for 24 hours. The lowest concentration where no microbial growth was observed was defined as Minimum Inhibitory Concentration (MIC).

#### **Statistical Analysis:**

#### **Result**

#### *Extraction and Isolation of compounds*

The final extract was filtered and concentrated using a rotary evaporator to yield 35mg of a solid dark green methylene chloride extract (MCE), then separation using VLC with n-hexane-EtOAc solvent obtained 10 fractions. The fifth fraction (MCE5) produced 8mg of white needle crystals when re-crystallized with n-hexane. The MCE5 was determined the purity and compare against pure  $\beta$ -sitosterol compounds.

#### *UV and TLC analysis*

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UV spectroscopy analysis of MCE5 detected at 264nm and at 364nm. TLC analysis of the MCE5 against the  $\beta$ -sitosterol standard shows in **Figure 1**.

#### *<sup>1</sup>HNMR and IR analysis*

Analysis of the first isolate using <sup>1</sup>HNMR (500 MHz, CDCl<sub>3</sub>) shown in **Table 1**. Only one signal was visible above  $\delta$ H 5ppm, and visible signals accumulated in areas below  $\delta$ H 2ppm.

The various functional groups in MCE5 were elucidated using infrared (IR) spectrophotometry. The results of IR spectral data of MCE5 show absorption in the following areas: 3415cm<sup>-1</sup> area with widening intensity. Absorption at 1454 cm<sup>-1</sup> and 1371 cm<sup>-1</sup> with a sharp intensity indicated a C-H function group in CH<sub>2</sub> and CH<sub>3</sub> as shown in **Table 2**.

#### *Antimicrobial Activity*

The MIC values of MCE5 against *S. aureus* and *K. pneumonia* with were 15.63  $\mu$ g/mL and 7.81  $\mu$ g/mL, respectively. The MBC values are 7.81  $\mu$ g/mL as shown in **Table 3**.

#### **Discussion**

UV spectroscopy analysis of MCE5 indicated strong absorption at 264nm and weak absorption at 364nm. The values indicated the presence of an unconjugated alkene system and the absence of aromatic systems. TLC analysis of the MCE5 against the  $\beta$ -sitosterol standard showed similar R<sub>f</sub> values (**Figure 1**). Based on the values, it was predicted that MCE5 to be  $\beta$ -sitosterol. The above result is reinforced by data from <sup>1</sup>HNMR analysis. Analysis of the first isolate using <sup>1</sup>HNMR (500 MHz, CDCl<sub>3</sub>) proved that the isolate was a steroid compound, as shown in **Table 1**. There was a distinctive oleophilic proton signal at  $\delta$ H 5ppm, and oxygenated proton signal at  $\delta$ H 3ppm, which is commonly found in the steroid groups (Mayanti 2019).

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In addition, a chemical shift in  $\delta$ H 1.42ppm was characteristic of a cyclohexane group in ring A, B and C in steroid compounds (Adlercreutz et al. 2004). Proton signals found at  $\delta$ H 0.86 (2H, dd); 1.44 (2H, dt); 2.23 (2H, m); 2.01 (2H, dt); 1.42 (2H, m); 1.99 (2H, d); 1.94 (2H, m); 1.95 (2H, m) are signals for methylene protons ( $\text{CH}_2$ ).

Proton signals at  $\delta$ H 3.49(1H, m); 5.35(1H, t); 1.60(1H, m); 0.93(1H, m); 1.01(1H, m); 1.09 ppm (1H, dt) indicate the methine proton,  $\delta$ H 3.49(1H, m) indicates the presence of hydrogen adjacent to the hydroxyl group suspected in C-3 in ring A present next to the molecular plane, on the same side as the methyl groups in C-10 and C-13. This configuration is recognized as  $\beta$ -configuration. A proton signal at  $\delta$ H 5.35 (1H, t) shows oleophilic methane, indicating a double bond in C-5 (Mayanti 2019). Each proton signal at  $\delta$ H 0.68(3H, s) and 1.01 (3H, s) correspond to methyl groups as steroid substituent in the main framework at C-10 and C-13, respectively. These three signals (methylene, methine and methyl) indicate the presence of a steroid framework substituted by two methyl and one hydroxyl group (Salempa and Muharram 2016).

Signals were observed in the aliphatic region (substituent at C-17) that indicate an alkane unit: three signals for the methylene group at  $\delta$ H 1.80(2H, m); 1.50(2H, m) and 1.25 (2H, m), three signals for the methine group at  $\delta$ H 1.31(1H, m); 0.94(1H, m); 1.66(1H, m), and four methyl group signals at  $\delta$ H 0.69 (3H, d); 0.84(3H, d); 0.92(3H, d) and 0.82(3H, d). These ten proton signals correspond to alkyl skeletons (Salempa and Muharram 2016) All the shifts were compared against  $\beta$ -sitosterol 10 compounds and many similarities were found. It was therefore concluded that MCE5 was a  $\beta$ -sitosterol compound.

The various functional groups in MCE5 were elucidated using infrared (IR) spectrophotometry. The results of IR spectral data of MCE5 show absorption in the following areas:  $3415\text{cm}^{-1}$  area with widening intensity, indicating alcohol group (-OH). This is reinforced by absorption at  $1047\text{cm}^{-1}$  with sharp intensity indicating alcohol(C-O), absorption at  $2945\text{cm}^{-1}$  with sharp intensity indicating aliphatic functional group (CH), absorption at  $1649\text{cm}^{-1}$  with widening

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intensity indicative of carbon group (C=C), absorption at  $835\text{ cm}^{-1}$  with moderate intensity indicating alkenes (=CH). (John D. Roberts and Marjorie C. Caserio 2014) According to Shaleh (2007), absorption at  $1649\text{ cm}^{-1}$  indicates the existence of a range of C=C functional groups with no conjugation that has a long range wave of between  $1620\text{-}1680\text{ cm}^{-1}$  (Saleh et al. 2014). The IR spectral data results reinforces that the isolates obtained are a group of steroid compounds that do not have conjugated double bonds. Absorption at  $1454\text{ cm}^{-1}$  and  $1371\text{ cm}^{-1}$  with a sharp intensity indicated a C-H function group in CH<sub>2</sub> and CH<sub>3</sub>. The MCE5 IR spectral data results were compared against pure  $\beta$ -sitosterol compounds (McCarthy et al. 2005). Similar absorption patterns were identified, as shown in **Table 2**.

Results of TLC, <sup>1</sup>HNMR and IR analysis of MCE5 indicate that MCE5 from *K. tomentosa* may be a  $\beta$ -sitosterol compound, specifically compound IUPAC stigmast-5-en-3 $\beta$ -ol that belongs to the group stigmata in originate hydrocarbons steroid with molecular formula C<sub>29</sub>H<sub>50</sub>O. The molecular structure of this compound was shown in **Figure 2**.

### Antimicrobial Activity

MCE5 had bacteriostatic effects against *S. aureus* and *K. pneumonia* with MIC values of  $15.63\text{ }\mu\text{g/mL}$  and  $7.81\text{ }\mu\text{g/mL}$ , respectively. MCE did not have bactericidal effect against *S. aureus*, but did against *K. pneumonia* with MBC of  $7.81\text{ }\mu\text{g/mL}$ . Therefore, MCE5 had strong activity against *S. aureus* and *K. pneumonia*, as shown in **Table 3**.

The MIC data show *K. pneumonia* required lower doses of MCE5 and  $\beta$ -sitosterol compared to *S. aureus* for effective antibacterial activity. Gram-positive and gram-negative bacteria have differences in their cell wall structures, which affect their susceptibility to antibacterial agents. Gram-positive bacterial cell walls have a single layered peptidoglycan structure that is polar in nature and low lipid content (Pelczar). They also contain polysaccharides, which serve as

positive ion transfers in and out of the cell. Hence, gram-positive bacterial cell walls are more polar in nature and more susceptible to antibacterial agents.

*MCE5 had one hydroxyl group (-OH) in its structure. The polar -OH group can penetrate the polar peptide and damage the bacterial cell wall by severing the peptidoglycan bonds to compromise the cell layer. This leaves the cytoplasmic membrane vulnerable to damage, causing the leak of important metabolites and activation of the bacterial enzyme system. Antibacterials target the peptidoglycan layer of cell walls in the bacteria. This layer is essential in preserving the bacteria from hypotonic environments, hence damage or loss of this layer will lead to loss of cell wall strength, resulting in death(Auer and Weibel 2017). Further research is needed to identify the other secondary metabolite compounds present in K. tomentosa, as well as elucidation of the structure of the compound via analysis using MS, CNMR, and two- and three-dimensional NMR. Isolation and identification pure  $\beta$ -sitosterol compounds in the fifth fraction of the methyl chloride extract from the leaves of K. tomentosa that conferred bacteriostatic effects against S. aureus and K. pneumonia.*

## Conclusion

Pure  $\beta$ -sitosterol compound was isolated from K. tomentosa dichloromethane extract. Both the dichloromethane extract and the isolated  $\beta$ -sitosterol compound had antibacterial effects against S. aureus and K. pneumonia.

## References

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## Antimicrobial activity of $\beta$ -sitosterol isolated from *Kalanchoe tomentosa* leaves against *Staphylococcus aureus* and *Klebsiella pneumonia*

**Author name and Affiliation:**

**Corresponding author name:**

**LiveDNA:**

**Running title:**

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### ABSTRACT

**Background and Objective:** Fresh *K. tomentosa* leaves obtained from Bandung, Indonesia was extracted using n-hexane followed by serial dichloromethane maceration. **Material and Method:** N-hexane and ethyl acetate were used to separate the dichloromethane extract using Vacuum Liquid Chromatography and the isolated compounds were recrystallized with n-hexane. **Result:** 37 mg of dichloromethane extract was obtained from the extraction process. Recrystallized compound isolates were identified as stigmast-5-en-3 $\beta$ -ol or  $\beta$ -sitosterol. Both dichloromethane extract and  $\beta$ -sitosterol isolated compounds showed strong bacteriostatic activity against *S. aureus* with MIC=15.63  $\mu$ g/mL and 7.81 $\mu$ g/mL, and *K. pneumonia* with MIC=7.81 $\mu$ g/mL and 31.25 $\mu$ g/mL, respectively. However, only dichloromethane extract exhibited a bactericidal effect (7.81  $\mu$ g/mL). **Conclusion:** The pure  $\beta$ -sitosterol compound was isolated from *K. tomentosa* dichloromethane extract. Both the

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dichloromethane extract and the isolated  $\beta$ -sitosterol compound had antibacterial effects against *S. aureus* and *K. pneumoniae*.

**Keywords:** *Kalanchoe tomentosa*,  $\beta$ -sitosterol, Oral infection, Minimum Inhibition Concentration, Minimum Bactericidal Concentration

## Introduction

Oral cavity infections are often caused by both aerobic and anaerobic bacteria. Odontogenic infections such as osteomyelitis can cause symptoms such as oedema, pain, lymphadenitis, fever, cellulitis, and trismus (Fragiskos, n.d.; Balaji 2007).

*Staphylococcus aureus* is a bacterial pathogen responsible for a wide range of infections (Bien, Sokolova, and Bozko 2011). It can survive prolonged extreme conditions to cause infection, it causes abscesses when neutrophils enter the infection site in the invasion stage and can directly invade the lymph vessels and blood to produce bacteriotoxins that cause severe infection (Hassan 2016; Sheikh and Kiyani 2010). Invasion of *S. aureus* into the heart tissue can cause acute endocarditis. *S. aureus* strains are resistant to several antibiotics including methicillin, nafcillin, and cephalosporins. These strains are known as methicillin-resistant *S. aureus* (MRSA) (“Staphylococcus Aureus” n.d.). The presence of *S. aureus* is confirmed via blood culture where whitish-gold colonies are indicative of the pathogen. A clear halo around the bacterial colony is characteristic of this bacterium’s release of haemolysin A toxin which ruptures red blood cells (Taylor and Unakal 2021).

*Klebsiella pneumoniae* is a gram-negative bacterium. Barlean et al. reported *K. pneumoniae* and *S. aureus* as the most commonly identified pathogens in surgical site infections in oral and maxillofacial surgery patients (Barlean et al. 2019). As with *S. aureus*, *K. pneumoniae* also exhibits antibiotic resistance (Baker et al. 2019; Petrosillo et al. 2013). Both bacteria are present in the oral cavity and have been reported in postoperative head and neck wound infections.

Adequate antibacterial administration is needed to treat bacterial infections. However, increased resistance with widespread antibacterial use has become a major public health issue worldwide. Therefore, it is necessary to search for novel antibacterial agents to treat infections without causing resistance. Natural ingredients have been a promising target for new antibacterial agents with fewer side effects (Hassan 2016; Barlean et al. 2019).

*Kalanchoe* is a large genus of colourful succulent plants. It grows widely in Africa, Saudi Arabia, Asia, the Americas and Australia (Khan et al. 2006; Saleh et al. 2014). Some species of *Kalanchoe* are used as traditional medicinal plants. *Kalanchoe tomentosa* is part of the family Crassulaceae; it is a succulent plant with dense, white, hair-like covering. It is also commonly known as the Panda plant. *K. tomentosa*

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•In the case of two or more references, separate the superscript digits by **comma**<sup>1,2,6</sup>.  
•If there are more references but in continuous sequence then use (-) **dash** between superscript digits <sup>4-8</sup>.

is rich in alkaloids, triterpenes, glycosides, flavonoids, steroids and lipids. (Saleh et al. 2014; Aisyah et al. 2015, 2020). Ethanolic extracts of *K. tomentosa* (Crassulaceae) has been reported to contain 14 compounds including  $\alpha$ -amyrin acetate, friedelin, glutinol, 1-dotriacontanol, phytol, stigmasta-7,25-dien-3 $\beta$ -ol,  $\beta$ -sitosterol, isorhamnetin, 2,3-dihydroxypropyl tetradecanoate, eriodictyol, gallic acid, quercetin, kampferol-3-O-Rutinoside and isovitexin (Saleh et al. 2014). The flavonoid profile of *K. tomentosa* increases cytotoxic activity against P-388 murine leukaemia cells (Aisyah et al. 2015). However, literature reporting the antibacterial activity of *K. tomentosa* remains limited.

$\beta$ -sitosterol is a bioactive phytosterol that is naturally derived from plant cell membranes (Babu and Jayaraman 2020). It has been reported to exhibit antibacterial activity against *S. aureus* and *Escherichia coli*. Furthermore, it has been reported to show interesting anti-inflammatory and wound healing effects (Babu and Jayaraman 2020). Pneumolysin is a toxin released by *S. pneumolysin* that is not targeted by currently available antibiotics, making it an interesting target for the development of therapeutics against this pathogen (Li et al. 2015). The phytosterol  $\beta$ -sitosterol has been shown to effectively protect against pneumolysin-induced cell lysis.  $\beta$ -sitosterol interacts with the toxin at Thr459 and Leu460.

This *in vitro* study aims to determine the potential of *K. tomentosa* extracts against *S. aureus* and *K. pneumoniae* bacteria, compared against  $\beta$ -sitosterol standards.

## Materials and Methods

### Study area:

### Chemical and equipment:

A set of maceration and KCV. Aqueous sterile, acetone (CH<sub>3</sub>COCH<sub>3</sub>), ethyl acetate (CH<sub>3</sub>COOC<sub>2</sub>H<sub>5</sub>), dichloromethane (CH<sub>2</sub>Cl<sub>2</sub>), methanol (CH<sub>3</sub>OH), n-hexane (C<sub>6</sub>H<sub>14</sub>), chloroform (CHCl<sub>3</sub>) p.a, Thin Layer Chromatography (TLC) plate F254 Merck, Silica gel Merck 60 (0.2- 0.5 mm), Silica gel Merck 60 G Ultraviolet lamps; brand Vilber Lourmat VL-8. LC, rotary evaporator brand Heidolph Laborota 4000, a set of vacuum liquid chromatography (VLC), Ultraviolet spectrophotometer; Hewlett Packard 8453, Infrared spectrophotometer; Shimadzu Type Prestige-21, spectrometer; NMR <sup>1</sup>H brand JEOL Type JNM-ECA 500 MHz methods were used to elucidate the structures of  $\beta$ -sitosterol.

### Plant Collection, Extraction and Isolation of compounds

*K. tomentosa* leaves were obtained from a nursery at Lembang, Bandung, West Java, Indonesia (6.8145°S latitude, 107.6230°E longitude, 2.254ft elevation). The plant was transported to our laboratory in Bandung city and was identified by an expert before being cleaned and cut into smaller pieces.

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•(The study was carried out at Microbiology Department, Quality Control Lab, Egypt from January 2018 to March 2019).

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20 kg of fresh *K. tomentosa* leaves were ground and extracted via maceration using n-hexane for 24 hours. Maceration was repeated until the extract was colourless (indicated using thin-layer chromatography (TLC)). The extract was filtered and re-extracted using methylene chloride for 24 hours. The final extract was filtered and concentrated using a rotary evaporator. A solid dark green methylene chloride extract (MCE) was separated using Vacuum Liquid Chromatography (VLC) (silica gel G60) with n-hexane-EtOAc solvent. TLC using n-hexane-EtOAc was performed on the crystals chosen to determine their purity and compare against pure  $\beta$ -sitosterol compounds.

#### **Antibacterial Activity Test**

100 $\mu$ L nutrient broth (NB) was added into the first column of a 96- well plate as the negative control. 5 $\mu$ L of *S. aureus* and *K. pneumonia* bacterial suspensions was added into 10 mL NB and vortexed to mix. 100 $\mu$ L of the bacterial suspension was added to columns 2-12. 100 $\mu$ L of MCE5 was added to each well and pipetted to mix. Next, 100 $\mu$ L was taken from the second column and serially diluted across the 3<sup>rd</sup> column until the 12<sup>th</sup> column. The plate was incubated at 37°C for 24 hours, and then the clear wells were observed. The lowest concentration where no microbial growth was detected was defined as the Minimum Bactericidal Concentration (MBC). 5 $\mu$ L of solution from the clear wells were transferred into nutrient agar (NA) and incubated at 37°C for 24 hours. The lowest concentration where no microbial growth was observed was defined as Minimum Inhibitory Concentration (MIC).

#### **Result**

##### **Extraction and Isolation of compounds:**

The final extract was filtered and concentrated using a rotary evaporator to yield 35mg of a solid dark green methylene chloride extract (MCE), then separation using VLC with n-hexane-EtOAc solvent obtained 10 fractions. The fifth fraction (MCE5) produced 8mg of white needle crystals when re-crystallized with n-hexane. The MCE5 was determined the purity and compared against pure  $\beta$ -sitosterol compounds.

##### **UV and TLC analysis:**

UV spectroscopy analysis of MCE5 was detected at 264 nm and 364 nm. TLC analysis of the MCE5 against the  $\beta$ -sitosterol standard is shown in **Figure 1**.



**Figure 1.** TLC analysis of MCE5 (left) against  $\beta$ -sitosterol standard (right). Both showed similar Rf values.

#### *<sup>1</sup>HNMR and IR analysis*

Analysis of the first isolate using <sup>1</sup>HNMR (500 MHz, CDCl<sub>3</sub>) is shown in **Table 1**. Only one signal was visible above  $\delta$ H 5ppm, and visible signals accumulated in areas below  $\delta$ H 2ppm.

**Table 1.** <sup>1</sup>HNMR data comparison between *K. tomentosa* MCE5 and  $\beta$ -sitosterol

Position of atom C	<i>K. tomentosa</i> MCE5 <sup>1</sup> HNMR $\delta$ H (ppm) ( $\Sigma$ H:mult : J=Hz)	$\beta$ -sitosterol* <sup>1</sup> HNMR $\delta$ H (ppm) ( $\Sigma$ H:mult : J=Hz)
1	0,82 : 0,86 (2H, dd, 10,5 : 5,5)	1,07 : 1,02 (2H,dd, 10,5 :5,5)
2	1,44 : 1,47 (2H, td, 9,5 : 6,0)	1,44 : 1,48 (2H,td,9,5: 6,0)
3	3,49 : 3,55 (1H, m)	3,51 (1H,m)
4	2,23 : 2,31 (2H, m)	2,22 : 2,29 (2H,m)
5	-	-
6	5,35 (1H,t, 2,5)	5,35 (1H,br)
7	2,01 (2H, dt, 5,6 : 8,5)	1,85 : 2,01 (2H,dt, 5,6: 8,5)
8	1,60 (1H, m)	1,57 (1H,m)
9	0,93 (1H, m)	0,93 (1H,m)
10	-	-
11	1,42 : 1,47 (2H, m)	1,42 : 1,49 (2H,m)
12	1,95 (2H, d, 5,6)	1,15 : 1,98 (2H,d, 5,6)
13	-	-
14	1,01 (1H, m)	1,00 (1H,m)
15	1,94 : 2,03 (2H, m)	1,57 (2H,m)

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16	1,95 (2H, m)	1,84 (2H, m)
17	1,09 (1H, dt, 5,2 : 8,5)	1,09 (1H,dt, 5,2 : 8,5)
18	0,68 (3H, s)	0,68 (3H,s)
19	1,01 (3H, s)	1,01 (3H,s)
20	1,31 (1H, m)	1,36 (1H,m)
21	0,69 (3H, d : 6,1)	0,92 (3H,d, 6,1)
22	1,80 (2H, m)	1,38 (2H,m)
23	1,50 (2H, m)	1,54 (2H,m)
24	0,94 : 0,98 (1H, m)	0,93 (1H,m)
25	1,66 (1H, m)	1,66 (1H,m)
26	0,84 (3H, d, 6,2)	0,84 (3H,d, 6,2)
27	0,92 (3H, d, 6,7)	0,92 (3H, d, 6,7)
28	1,25 (2H, m)	1,26 (2H, m)
29	0,82 (3H, s)	0,83 (3H,s,)

The various functional groups in MCE5 were elucidated using infrared (IR) spectrophotometry. The results of IR spectral data of MCE5 show absorption in the following areas: 3415 $\text{cm}^{-1}$  area with widening intensity. Absorption at 1454  $\text{cm}^{-1}$  and 1371  $\text{cm}^{-1}$  with a sharp intensity indicated a C-H function group in CH<sub>2</sub> and CH<sub>3</sub> as shown in **Table 2**.

**Table 2.** IR data comparison between *K. tomentosa* MCE5 and  $\beta$ -sitosterol

Isolate 1 ( $\text{cm}^{-1}$ )	$\beta$ -sitosterol* ( $\text{cm}^{-1}$ )	Creswell** ( $\text{cm}^{-1}$ )	Functional Group
3415,93	3440,62	3450-3200	O-H
2945,30	2936,69	2800-3000	C-H aliphatic
1649,14	1646,55	1680-1620	C=C
1454,33	1463,42	1475-1300	C-H (in CH <sub>2</sub> )
1371,39	1381,65	1475-1300	C-H (in CH <sub>3</sub> )
1047,35	1053,89	1050-1260	C-O alcohol
962,48	970,32	995-710	=CH alkene

\*\*Creswell dkk., 1982.

\* Fitriani, 2013.

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### Antimicrobial Activity

The MIC values of MCE5 against *S. aureus* and *K. pneumonia* were 15.63 µg/mL and 7.81 µg/mL, respectively. The MBC values are 7.81 µg/mL as shown in **Table 3**.

**Table 3.** Antimicrobial activity of MCE5 and β-sitosterol against *S. aureus* and *K. pneumonia*

	MCE5		β-sitosterol	
	MIC (µg/mL)	MBC (µg/mL)	MIC (µg/mL)	MBC (µg/mL)
<i>S. aureus</i>	15,63	-	7,81	-
<i>K. pneumonia</i>	7,81	7,81	31,25	-

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### Discussion

UV spectroscopy analysis of MCE5 indicated strong absorption at 264nm and weak absorption at 364nm. The values indicate the presence of an unconjugated alkene system and the absence of aromatic systems. TLC analysis of the MCE5 against the β-sitosterol standard showed similar R<sub>f</sub> values (**Figure 1**). Based on the values, it was predicted that MCE5 to be β-sitosterol. The above result is reinforced by data from <sup>1</sup>HNMR analysis. Analysis of the first isolate using <sup>1</sup>HNMR (500 MHz, CDCl<sub>3</sub>) proved that the isolate was a steroid compound, as shown in **Table 1**. There was a distinctive oleophilic proton signal at δH 5ppm, and an oxygenated proton signal at δH 3ppm, which is commonly found in the steroid groups (Mayanti 2019).

In addition, a chemical shift in δH 1.42ppm was characteristic of a cyclohexane group in ring A, B and C in steroid compounds (Adlercreutz et al. 2004). Proton signals found at δH 0.86 (2H, dd); 1.44 (2H, dt); 2.23 (2H, m); 2.01 (2H, dt); 1.42 (2H, m); 1.99 (2H, d); 1.94 (2H, m); 1.95 (2H, m) are signals for methylene protons (CH<sub>2</sub>).

Proton signals at δH 3.49(1H, m); 5.35(1H, t); 1.60(1H, m); 0.93(1H, m); 1.01(1H, m); 1.09 ppm (1H, dt) indicate the methine proton, δH 3.49(1H, m) indicates the presence of hydrogen adjacent to the hydroxyl group suspected in C-3 in ring A present next to the molecular plane, on the same side as the



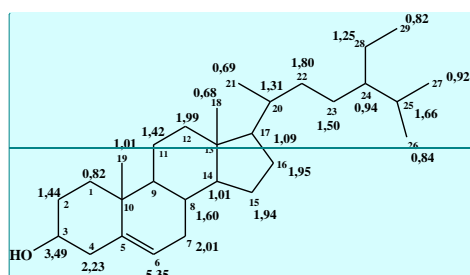
methyl groups in C-10 and C-13. This configuration is recognized as  $\beta$ -configuration. A proton signal at  $\delta$ H 5.35 (1H, t) shows oleophilic methane, indicating a double bond in C-5 (Mayanti 2019). Each proton signal at  $\delta$ H 0.68(3H, s) and 1.01 (3H, s) correspond to methyl groups as steroid substituent in the main framework at C-10 and C-13, respectively. These three signals (methylene, methine and methyl) indicate the presence of a steroid framework substituted by two methyl and one hydroxyl group (Salempa and Muharram 2016).

Signals were observed in the aliphatic region (substituent at C-17) that indicate an alkane unit: three signals for the methylene group at  $\delta$ H 1.80(2H, m); 1.50(2H, m) and 1.25 (2H, m), three signals for the methine group at  $\delta$ H 1.31(1H, m); 0.94(1H, m); 1.66(1H, m), and four methyl group signals at  $\delta$ H 0.69 (3H, d); 0.84(3H, d); 0.92(3H, d) and 0.82(3H, d). These ten proton signals correspond to alkyl skeletons (Salempa and Muharram 2016) All the shifts were compared against  $\beta$ -sitosterol 10 compounds and many similarities were found. It was therefore concluded that MCE5 was a  $\beta$ -sitosterol compound.

The various functional groups in MCE5 were elucidated using infrared (IR) spectrophotometry. The results of IR spectral data of MCE5 show absorption in the following areas:  $3415\text{cm}^{-1}$  area with widening intensity, indicating alcohol group (-OH). This is reinforced by absorption at  $1047\text{cm}^{-1}$  with sharp intensity indicating alcohol(C-O), absorption at  $2945\text{ cm}^{-1}$  with sharp intensity indicating aliphatic functional group (CH), absorption at  $1649\text{ cm}^{-1}$  with widening intensity indicative of carbon group (C=C), absorption at  $835\text{ cm}^{-1}$  with moderate intensity indicating alkenes (=CH).(John D. Roberts and Marjorie C. Caserio 2014) According to Shaleh (2007), absorption at  $1649\text{ cm}^{-1}$  indicates the existence of a range of C=C functional groups with no conjugation that has a long-range wave of between  $1620\text{-}1680\text{ cm}^{-1}$ (Saleh et al. 2014).

The IR spectral data results reinforce that the isolates obtained are a group of steroid compounds that do not have conjugated double bonds. Absorption at  $1454\text{ cm}^{-1}$  and  $1371\text{ cm}^{-1}$  with a sharp intensity indicated a C-H function group in CH<sub>2</sub> and CH<sub>3</sub>. The MCE5 IR spectral data results were compared against pure  $\beta$ -sitosterol compounds(McCarthy et al. 2005). Similar absorption patterns were identified, as shown in **Table 2**.

Results of TLC, <sup>1</sup>HNMR and IR analysis of MCE5 indicate that MCE5 from *K. tomentosa* may be a  $\beta$ -sitosterol compound, specifically, compound IUPAC stigmast-5-en-3 $\beta$ -ol that belongs to the group stigmata in originating hydrocarbons steroid with the molecular formula C<sub>29</sub>H<sub>50</sub>O. ~~The molecular structure of this compound is shown in Figure 2.~~



**Figure 2. Molecular structure of Stigmast-5-en-3β-ol (β-sitosterol)**

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### Antimicrobial Activity

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MCE5 had bacteriostatic effects against *S. aureus* and *K. pneumonia* with MIC values of 15.63 µg/mL and 7.81 µg/mL, respectively. MCE did not have a bactericidal effect against *S. aureus*, but did against *K. pneumonia* with an MBC of 7.81 µg/mL. Therefore, MCE5 had strong activity against *S. aureus* and *K. pneumonia*, as shown in **Table 3**.

The MIC data show *K. pneumonia* required lower doses of MCE5 and β-sitosterol compared to *S. aureus* for effective antibacterial activity. Gram-positive and gram-negative bacteria have differences in their cell wall structures, which affect their susceptibility to antibacterial agents. Gram-positive bacterial cell walls have a single-layered peptidoglycan structure that is polar and has low lipid content (Pelczar). They also contain polysaccharides, which serve as positive ion transfers in and out of the cell. Hence, gram-positive bacterial cell walls are more polar and more susceptible to antibacterial agents.

MCE5 had one hydroxyl group (-OH) in its structure. The polar -OH group can penetrate the polar peptide and damage the bacterial cell wall by severing the peptidoglycan bonds to compromise the cell layer. This leaves the cytoplasmic membrane vulnerable to damage, causing the leak of important metabolites and activation of the bacterial enzyme system. Antibacterials target the peptidoglycan layer of cell walls in the bacteria. This layer is essential in preserving the bacteria from hypotonic environments, hence damage or loss of this layer will lead to loss of cell wall strength, resulting in death (Auer and Weibel 2017). Further research is needed to identify the other secondary metabolite compounds present in *K. tomentosa*, as well as elucidation of the structure of the compound via analysis using MS, CNMR, and two- and three-dimensional NMR. Isolation and identification of pure β-sitosterol compounds in the fifth fraction of the methyl chloride extract from the leaves of *K. tomentosa* that conferred bacteriostatic effects against *S. aureus* and *K. pneumonia*.

## Conclusion

The pure  $\beta$ -sitosterol compound was isolated from *K. tomentosa* dichloromethane extract. Both the dichloromethane extract and the isolated  $\beta$ -sitosterol compound had antibacterial effects against *S. aureus* and *K. pneumonia*.

### Significance Statement

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**Commented [User14]:** •The author is advised to state the significance of his research work after the conclusion section. The significance statement should provide the novelty aspect and significance of his research work for the existing literature and more generally to the society.

•It should be a summary that describes what this paper adds to and what was already known.

•Start this statement with the following words: This study discovers the ----- that can be beneficial for -----

•And the last sentence of this statement could be such as This study will help the researcher to uncover the critical areas of ----- that many researchers were not able to explore. Thus a new theory on ----- may be arrived at.

•A Model Significance Statement: This study discovers the possible synergistic effect of vitamin E, calcium, and vitamin D combination that can be beneficial for osteoporosis-induced ovariectomized rats. This study will help the researcher to uncover the critical area of postmenopausal bone loss that many researchers were not able to explore. Thus, a new theory on these micronutrients combination, and possibly other combinations, may be arrived at.

**Commented [User15]:** Reference 19, 21 and 22 must be replaced with the journal reference with correct DOI or URL link.

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## Research Article

# Antimicrobial Activity of $\beta$ -Sitosterol Isolated from *Kalanchoe tomentosa* Leaves Against *Staphylococcus aureus* and *Klebsiella pneumonia*

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## Abstract

**Background and Objective:** *Kalanchoe tomentosa* is identified and their different characteristics regarding the antibacterial and antioxidant properties have a vast effect. Fresh *K. tomentosa* leaves obtained from Bandung, Indonesia was extracted using n-hexane followed by serial dichloromethane maceration. **Materials and Methods:** N-hexane and ethyl acetate were used to separate the dichloromethane extract using vacuum liquid chromatography and the isolated compounds were recrystallized with n-hexane. **Results:** About 37 mg of dichloromethane extract was obtained from the extraction process. Recrystallized compound isolates were identified as stigmast-5-en-3-ol or  $\beta$ -sitosterol. Both dichloromethane extract and  $\beta$ -sitosterol isolated compounds showed strong bacteriostatic activity against *S. aureus* with MIC = 15.63 and 7.81  $\mu\text{g mL}^{-1}$  and *K. pneumonia* with MIC = 7.81 and 31.25  $\mu\text{g mL}^{-1}$ , respectively. However, only dichloromethane extract exhibited a bactericidal effect (7.81  $\mu\text{g mL}^{-1}$ ). **Conclusion:** The pure  $\beta$ -sitosterol compound was isolated from *K. tomentosa* dichloromethane extract. Both the dichloromethane extract and the isolated  $\beta$ -sitosterol compound had antibacterial effects against *S. aureus* and *K. pneumonia*.

**Key words:** *Kalanchoe tomentosa*,  $\beta$ -sitosterol, oral infection, minimum inhibition concentration, minimum bactericidal concentration, cephalosporins, bacterial pathogen, lymphadenitis

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**Competing Interest:** The authors have declared that no competing interest exists.

**Data Availability:** All relevant data are within the paper and its supporting information files.



## INTRODUCTION

Oral cavity infections are often caused by both aerobic and anaerobic bacteria. Odontogenic infections such as osteomyelitis can cause symptoms such as oedema, pain, lymphadenitis, fever, cellulitis and trismus<sup>1,2</sup>.

*Staphylococcus aureus* is a bacterial pathogen responsible for a wide range of infections<sup>3</sup>. It can survive prolonged extreme conditions to cause infection, it causes abscesses when neutrophils enter the infection site in the invasion stage and can directly invade the lymph vessels and blood to produce bacterial toxins that cause severe infection<sup>4,5</sup>. Invasion of *S. aureus* into the heart tissue can cause acute endocarditis. *Staphylococcus aureus* strains are resistant to several antibiotics including methicillin, nafcillin and cephalosporins. These strains are known as methicillin-resistant *S. aureus* (MRSA)<sup>6</sup>. The presence of *S. aureus* is confirmed via blood culture where whitish-gold colonies are indicative of the pathogen. A clear halo around the bacterial colony is characteristic of this bacterium's release of haemolysin A toxin which ruptures red blood cells<sup>7</sup>.

*Klebsiella pneumoniae* is a gram-negative bacterium. Barlean *et al.* reported *K. pneumoniae* and *S. aureus* as the most commonly identified pathogens in surgical site infections in oral and maxillofacial surgery patients<sup>8</sup>. As with *S. aureus*, *K. pneumoniae* also exhibits antibiotic resistance<sup>9,10</sup>. Both bacteria are present in the oral cavity and have been reported in postoperative head and neck wound infections.

Adequate antibacterial administration is needed to treat bacterial infections. However, increased resistance with widespread antibacterial use has become a major public health issue worldwide. Therefore, it is necessary to search for novel antibacterial agents to treat infections without causing resistance. Natural ingredients have been a promising target for new antibacterial agents with fewer side effects<sup>4,8</sup>.

Kalanchoe is a large genus of colourful succulent plants. It grows widely in Africa, Saudi Arabia, Asia, the Americas and Australia<sup>11,12</sup>. Some species of Kalanchoe are used as traditional medicinal plants. *Kalanchoe tomentosa* is part of the family Crassulaceae, it is a succulent plant with dense, white, hair-like covering. It is also commonly known as the Panda plant. *K. tomentosa* is rich in alkaloids, triterpenes, glycosides, flavonoids, steroids and lipids<sup>12-14</sup>. Ethanolic extracts of *K. tomentosa* (Crassulaceae) has been reported to contain 14 compounds including  $\alpha$ -amyrin acetate, friedelin, glutinol, 1-dotriacontanol, phytol, stigmasta-7,25-dien-3 $\beta$ -ol,  $\beta$ -sitosterol, isorhamnetin, 2,3-dihydroxypropyl tetradecanoate, eriodictyol, gallic acid, quercetin, kaempferol-

3-O-Rutinoside and isovitexin<sup>12</sup>. The flavonoid profile of *K. tomentosa* increases cytotoxic activity against P-388 murine leukaemia cells<sup>13</sup>. However, literature reporting the antibacterial activity of *K. tomentosa* remains limited.

$\beta$ -sitosterol is a bioactive phytosterol that is naturally derived from plant cell membranes<sup>15</sup>. It has been reported to exhibit antibacterial activity against *S. aureus* and *Escherichia coli*. Furthermore, it has been reported to show interesting anti-inflammatory and wound healing effects<sup>15</sup>. Pneumolysin is a toxin released by *S. pneumoniae* that is not targeted by currently available antibiotics, making it an interesting target for the development of therapeutics against this pathogen<sup>16</sup>. The phytosterol  $\beta$ -sitosterol has been shown to effectively protect against pneumolysin-induced cell lysis.  $\beta$ -sitosterol interacts with the toxin at Thr459 and Leu460.

This *in vitro* study aims to determine the potential of *K. tomentosa* extracts against *S. aureus* and *K. pneumoniae* bacteria, compared to  $\beta$ -sitosterol standards.

## MATERIALS AND METHODS

**Study area:** The study was carried out in the Laboratory of Chemistry, Department of Chemistry, Faculty of Sciences and Informatics, Jenderal Ahmad Yani University, Cimahi, Indonesia from 2019-2020.

**Chemical and equipment:** A set of maceration and KCV. Aqueous sterile, acetone (CH<sub>3</sub>COCH<sub>3</sub>), ethyl acetate (CH<sub>3</sub>COOC<sub>2</sub>H<sub>5</sub>), dichloromethane (CH<sub>2</sub>Cl<sub>2</sub>), methanol (CH<sub>3</sub>OH), n-hexane (C<sub>6</sub>H<sub>14</sub>), chloroform (CHCl<sub>3</sub>) p.a, Thin Layer Chromatography (TLC) plate F254 Merck Germany, Silica gel Merck 60 (0.2-0.5 mm) Germany, Silica gel Merck 60 G Ultraviolet lamps, brand Vilber Lourmat VL-8. LC, rotary evaporator brand Heidolph Laborota 4000, a set of vacuum liquid chromatography (VLC), Ultraviolet spectrophotometer; Hewlett Packard 8453, Infrared spectrophotometer, Shimadzu Type IR Prestige-21, spectrometer; NMR <sup>1</sup>H brand JEOL Type JNM-ECA 500 MHz methods were used to elucidate the structures of  $\beta$ -sitosterol.

**Plant collection, extraction and isolation of compounds:** *Kalanchoe tomentosa* leaves were obtained from a nursery at Lembang, Bandung, West Java, Indonesia (6.8145°S latitude, 107.6230°E longitude, 2.254 ft elevation). The plant was transported to our laboratory in Bandung city and was identified by an expert before being cleaned and cut into smaller pieces.

About 20 kg of fresh *K. tomentosa* leaves were ground and extracted via maceration using n-hexane for 24 hrs. Maceration was repeated until the extract was colourless (indicated using thin-layer chromatography (TLC)). The extract was filtered and re-extracted using methylene chloride for 24 hrs. The final extract was filtered and concentrated using a rotary evaporator. A solid dark green methylene chloride extract (MCE) was separated using vacuum liquid chromatography (VLC) (silica gel G60) with n-hexane-EtOAc solvent. The TLC using n-hexane-EtOAc was performed on the crystals chosen to determine their purity and compare them against pure  $\beta$ -sitosterol compounds.

**Antibacterial activity test:** About 100  $\mu$ L nutrient broth (NB) was added into the first column of a 96-well plate as the negative control. About 5  $\mu$ L of *S. aureus* and *K. pneumonia* bacterial suspensions was added into 10 mL NB and vortexed to mix. About 100  $\mu$ L of the bacterial suspension was added to columns 2-12. About 100  $\mu$ L of MCE5 was added to each well and pipetted to mix. Next, 100  $\mu$ L was taken from the second column and serially diluted across the 3rd column until the 12th column. The plate was incubated at 37°C for 24 hrs and then the clear wells were observed. The lowest concentration where no microbial growth was detected was defined as the minimum bactericidal concentration (MBC). About 5  $\mu$ L of solution from the clear wells were transferred into nutrient agar (NA) and incubated at 37°C for 24 hrs. The lowest concentration where no microbial growth was observed was defined as minimum inhibitory concentration (MIC).

## RESULTS

**Extraction and Isolation of compounds:** The final extract was filtered and concentrated using a rotary evaporator to yield 35 mg of a solid dark green methylene chloride extract (MCE), then separation using VLC with n-hexane-EtOAc solvent obtained 10 fractions. The fifth fraction (MCE5) produced 8 mg of white needle crystals when re-crystallized with n-hexane. The MCE5 was determined the purity and compared against pure  $\beta$ -sitosterol compounds.

**UV and TLC analysis:** The UV spectroscopy analysis of MCE5 was detected at 264 and 364 nm. The TLC analysis of the MCE5 against the  $\beta$ -sitosterol standard is shown in Fig. 1.

**<sup>1</sup>HNMR and IR analysis:** Analysis of the first isolate using <sup>1</sup>HNMR (500 MHz, CDCl<sub>3</sub>) is shown in Table 1. Only one signal was visible above  $\delta$ H 5 ppm and visible signals accumulated in areas below  $\delta$ H 2 ppm.

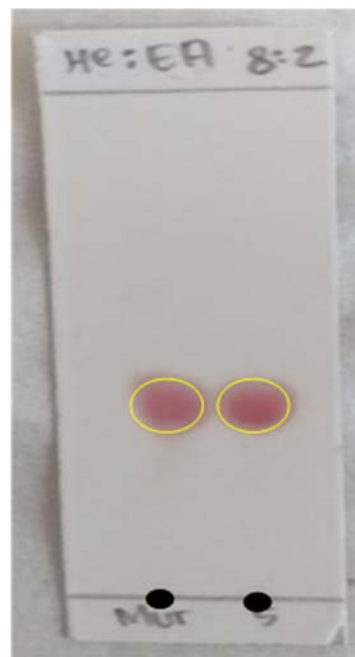


Fig. 1: TLC analysis of MCE5 (left) against  $\beta$ -sitosterol standard (right) Both showed similar Rf values

Table 1: <sup>1</sup>HNMR data comparison between *K. tomentosa* MCE5 and  $\beta$ -sitosterol

Position of atom C	<sup>1</sup> HNMR $\delta$ H (ppm) ( $\Sigma$ H:mult: J = Hz)	
	<i>K. tomentosa</i> MCE5	$\beta$ -sitosterol*
1	0.82 : 0.86 (2H, dd, 10.5 : 5.5)	1.07 : 1.02 (2H, dd, 10.5 : 5.5)
2	1.44 : 1.47 (2H, td, 9.5 : 6.0)	1.44 : 1.48 (2H,td,9.5: 6.0)
3	3.49 : 3.55 (1H, m)	3.51 (1H,m)
4	2.23 : 2.31 (2H, m)	2.22 : 2.29 (2H,m)
5	-	-
6	5.35 (1H,t, 2.5)	5.35 (1H,br)
7	2.01 (2H, dt, 5.6 : 8.5)	1.85 : 2.01 (2H,dt, 5.6: 8.5)
8	1.60 (1H, m)	1.57 (1H,m)
9	0.93 (1H, m)	0.93 (1H,m)
10	-	-
11	1.42 : 1.47 (2H, m)	1.42 : 1.49 (2H,m)
12	1.95 (2H, d, 5.6)	1.15 : 1.98 (2H,d, 5.6)
13	-	-
14	1.01 (1H, m)	1.00 (1H,m)
15	1.94 : 2.03 (2H, m)	1.57 (2H,m)
16	1.95 (2H, m)	1.84 (2H, m)
17	1.09 (1H, dt, 5.2 : 8.5)	1.09 (1H,dt, 5.2: 8.5)
18	0.68 (3H, s)	0.68 (3H,s)
19	1.01 (3H, s)	1.01 (3H,s)
20	1.31 (1H, m)	1.36 (1H,m)
21	0.69 (3H, d : 6.1)	0.92 (3H,d, 6.1)
22	1.80 (2H, m)	1.38 (2H,m)
23	1.50 (2H, m)	1.54 (2H,m)
24	0.94 : 0.98 (1H, m)	0.93 (1H,m)
25	1.66 (1H, m)	1.66 (1H,m)
26	0.84 (3H,d, 6.2)	0.84 (3H,d, 6.2)
27	0.92 (3H,d, 6.7)	0.92 (3H,d, 6.7)
28	1.25 (2H, m)	1.26 (2H, m)
29	0.82 (3H,s)	0.83 (3H,s)

Table 2: IR data comparison between *K. tomentosa* MCE5 and  $\beta$ -sitosterol

Isolate 1 (cm <sup>-1</sup> )	$\beta$ -sitosterol* (cm <sup>-1</sup> )	Creswell** (cm <sup>-1</sup> )	Functional group
3415.93	3440.62	3450-3200	O-H
2945.30	2936.69	2800-3000	C-H aliphatic
1649.14	1646.55	1680-1620	C=C
1454.33	1463.42	1475-1300	C-H (in CH <sub>2</sub> )
1371.39	1381.65	1475-1300	C-H (in CH <sub>3</sub> )
1047.35	1053.89	1050-1260	C-O alcohol
962.48	970.32	995-710	=CH alkene

\*\*Creswell dkk., 1982 and \*Fitriani, 2013

Table 3: Antimicrobial activity of MCE5 and  $\beta$ -sitosterol against *S. aureus* and *K. pneumoniae*

	MCE5		$\beta$ -sitosterol	
	MIC ( $\mu$ g mL <sup>-1</sup> )	MBC ( $\mu$ g mL <sup>-1</sup> )	MIC ( $\mu$ g mL <sup>-1</sup> )	MBC ( $\mu$ g mL <sup>-1</sup> )
<i>S. aureus</i>	15.63	-	7.81	-
<i>K. pneumoniae</i>	7.81	7.81	31.25	-

The various functional groups in MCE5 were elucidated using infrared (IR) spectrophotometry. The results of IR spectral data of MCE5 show absorption in the following areas: 3415 cm<sup>-1</sup> area with widening intensity. Absorption at 1454 and 1371 cm<sup>-1</sup> with a sharp intensity indicated a C-H function group in CH<sub>2</sub> and CH<sub>3</sub> as shown in Table 2.

**Antimicrobial activity:** The MIC values of MCE5 against *S. aureus* and *K. pneumoniae* with were 15.63 and 7.81  $\mu$ g mL<sup>-1</sup>, respectively. The MBC values are 7.81  $\mu$ g mL<sup>-1</sup> as shown in Table 3.

## DISCUSSION

The UV spectroscopy analysis of MCE5 indicated strong absorption at 264 nm and weak absorption at 364 nm. The values indicate the presence of an unconjugated alkene system and the absence of aromatic systems. The TLC analysis of the MCE5 against the  $\beta$ -sitosterol standard showed similar R<sub>f</sub> values (Fig. 1). Based on the values, it was predicted that MCE5 to be  $\beta$ -sitosterol. The above result is reinforced by data from <sup>1</sup>HNMR analysis. Analysis of the first isolate using <sup>1</sup>HNMR (500 MHz, CDCl<sub>3</sub>) proved that the isolate was a steroid compound, as shown in Table 1. There was a distinctive oleophilic proton signal at  $\delta$ H 5 ppm and an oxygenated proton signal at  $\delta$ H 3 ppm, which is commonly found in the steroid groups<sup>17</sup>.

In addition, a chemical shift in  $\delta$ H 1.42 ppm was characteristic of a cyclohexane group in ring A, B and C in steroid compounds<sup>18</sup>. Proton signals found at  $\delta$ H 0.86 (2H, dd), 1.44 (2H, dt), 2.23 (2H, m), 2.01 (2H, dt), 1.42 (2H, m), 1.99 (2H, d), 1.94 (2H, m), 1.95 (2H, m) are signals for methylene protons (CH<sub>2</sub>). Proton signals at  $\delta$ H 3.49 (1H, m),

5.35 (1H, t), 1.60 (1H, m), 0.93 (1H, m), 1.01 (1H, m), 1.09 ppm (1H, dt) indicate the methine proton,  $\delta$ H 3.49 (1H, m) indicates the presence of hydrogen adjacent to the hydroxyl group suspected in C-3 in ring A present next to the molecular plane, on the same side as the methyl groups in C-10 and C-13. This configuration is recognized as  $\beta$ -configuration. A proton signal at  $\delta$ H 5.35 (1H, t) shows oleophilic methane, indicating a double bond in C-5<sup>17</sup>. Each proton signal at  $\delta$ H 0.68 (3H, s) and 1.01 (3H, s) correspond to methyl groups as steroid substituents in the main framework at C-10 and C-13, respectively. These three signals (methylene, methine and methyl) indicate the presence of a steroid framework<sup>19</sup> substituted by two methyl and one hydroxyl group.

Signals were observed in the aliphatic region (substituent at C-17) that indicate an alkane unit: Three signals for the methylene group at  $\delta$ H 1.80 (2H, m), 1.50 (2H, m) and 1.25 (2H, m), three signals for the methine group at  $\delta$ H 1.31 (1H, m), 0.94 (1H, m), 1.66 (1H, m) and four methyl group signals at  $\delta$ H 0.69 (3H, d), 0.84 (3H, d), 0.92 (3H, d) and 0.82 (3H, d). These ten proton signals correspond to alkyl skeletons<sup>20</sup>. All the shifts were compared against  $\beta$ -sitosterol 10 compounds and many similarities were found. It was therefore concluded that MCE5 was a  $\beta$ -sitosterol compound.

The various functional groups in MCE5 were elucidated using infrared (IR) spectrophotometry. The results of IR spectral data of MCE5 show absorption in the following areas: 3415 cm<sup>-1</sup> area with widening intensity, indicating alcohol group (-OH). This is reinforced by absorption at 1047 cm<sup>-1</sup> with sharp intensity indicating alcohol (C-O), absorption at 2945 cm<sup>-1</sup> with sharp intensity indicating aliphatic functional group (CH), absorption at 1649 cm<sup>-1</sup> with widening intensity indicative of carbon group (C = C), absorption at 835 cm<sup>-1</sup> with moderate intensity indicating alkenes (=CH)<sup>21</sup>. According to Shaleh *et al.*<sup>12</sup>, absorption at 1649 cm<sup>-1</sup> indicates the existence of a range of C=C functional groups with no conjugation that has a long-range wave of between 1620-1680 cm<sup>-1</sup>.

The IR spectral data results reinforce that the isolates obtained are a group of steroid compounds that do not have conjugated double bonds. Absorption at 1454 and 1371 cm<sup>-1</sup> with a sharp intensity indicated a C-H function group in CH<sub>2</sub> and CH<sub>3</sub>. The MCE5 IR spectral data results were compared against pure  $\beta$ -sitosterol compounds. Similar absorption patterns were identified, as shown in Table 2.

Results of TLC, <sup>1</sup>HNMR and IR analysis of MCE5 indicate that MCE5 from *K. tomentosa* may be a  $\beta$ -sitosterol compound, specifically, compound IUPAC stigmast-5-en- $\beta$ -3-ol that belongs to the group stigmata in originating hydrocarbons steroid with the molecular formula C<sub>29</sub>H<sub>50</sub>O.

The MCE5 had bacteriostatic effects against *S. aureus* and *K. pneumonia* with MIC values of 15.63 and 7.81  $\mu\text{g mL}^{-1}$ , respectively. The MCE did not have a bactericidal effect against *S. aureus*, but did against *K. pneumonia* with an MBC of 7.81  $\mu\text{g mL}^{-1}$ . Therefore, MCE5 had strong activity against *S. aureus* and *K. pneumonia*, as shown in Table 3.

The MIC data show *K. pneumonia* required lower doses of MCE5 and  $\beta$ -sitosterol compared to *S. aureus* for effective antibacterial activity. Gram-positive and Gram-negative bacteria have differences in their cell wall structures, which affect their susceptibility to antibacterial agents. Gram-positive bacterial cell walls have a single-layered peptidoglycan structure that is polar and has low lipid content (Pelczar). They also contain polysaccharides, which serve as positive ion transfers in and out of the cell. Hence, gram-positive bacterial cell walls are more polar and more susceptible to antibacterial agents.

The MCE5 had one hydroxyl group (-OH) in its structure. The polar -OH group can penetrate the polar peptide and damage the bacterial cell wall by severing the peptidoglycan bonds to compromise the cell layer. This leaves the cytoplasmic membrane vulnerable to damage, causing the leak of important metabolites and activation of the bacterial enzyme system. Antibacterials target the peptidoglycan layer of cell walls in the bacteria. This layer is essential in preserving the bacteria from hypotonic environments, hence, damage or loss of this layer will lead to loss of cell wall strength, resulting in death<sup>22</sup>. Further research is needed to identify the other secondary metabolite compounds present in *K. tomentosa*, as well as elucidation of the structure of the compound via analysis using MS, CNMR and two- and three-dimensional NMR. Isolation and identification of pure  $\beta$ -sitosterol compounds in the fifth fraction of the methyl chloride extract from the leaves of *K. tomentosa* conferred bacteriostatic effects against *S. aureus* and *K. pneumonia*.

### CONCLUSION

The pure  $\beta$ -sitosterol compound was isolated from *K. tomentosa* dichloromethane extract. Both the dichloromethane extract and the isolated  $\beta$ -sitosterol compound had antibacterial effects against *S. aureus* and *K. pneumonia*.

### SIGNIFICANCE STATEMENT

This study discovers the  $\beta$ -sitosterol compound was isolated from *K. tomentosa* dichloromethane extract as one option of antimicrobial drug discovery. This study will help the researcher to hone the *Kalanchoe* genus elucidation using a

different method of extraction that there was still very few papers on it. Thus, possibly other advantageous combinations of the *Kalanchoe* may be arrived at.

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