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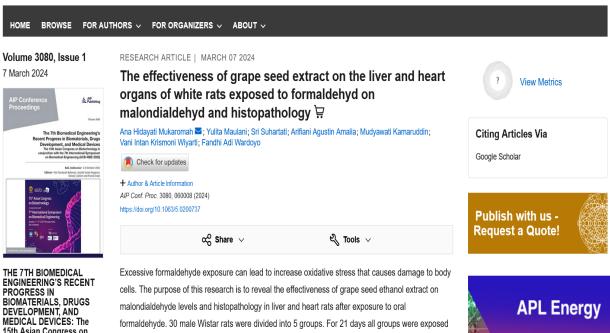
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to 5mg/200g formaldehyde except the negative control group. Three treatment groups received ethanolic extracts of grape seeds at doses of 35, 70, and 140mg/200g BWrats/day, respectively. The results showed that the administration of EBA can improve the liver exposed to oral formaldehyde.

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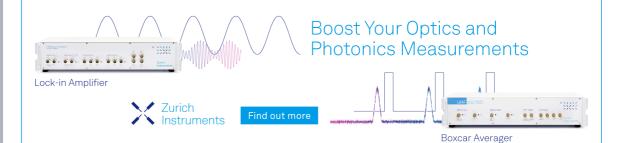
The effectiveness of *Red grape Seed* extract on kidney organ of white rats exposed to formaldehyde

Ana Hidayati Mukaromah 🖾 ; Sri Suhartati; Mudyawati Kamaruddin; Yulita Maulani; Arifiani Agustin Amalia

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The Effectiveness of *Red Grape Seed* Extract on Kidney Organ of White Rats Exposed to Formaldehyde

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Abstract. Even though it is acidic, formalin can harm the body and even cause cancer when it is consumed through food. Continuous consumption of formalin, which causes an excessive synthesis of reactive oxygen species (ROS) and activates oxidative stress, might harm the kidneys. Malondialdehyde (MDA) levels that are higher or histological alterations in the renal tissue might both indicate changes in kidney parameters. Using proanthocyanidins to prevent kidney damage, grape seed extract contains flavonoids such proanthocyanidin oligomers, which are 50 times more abundant than vitamins C and E. 10% of the grape flesh extract contains polyphenols, compared to 60%-70% in the seeds and 28-35% in the grape skin. Effective secondary metabolites, such as polyphenols, have positive effects on human health, including anti-inflammatory, antiviral, anticancer, and antioxidant capabilities. Water makes up 28-44% of the weight of grape seeds, which have a dry matter content of 71.5%. Grapeseed oil benefits human health, notably in the treatment of acute and chronic illnesses. One sign of kidney damage is adjustments in the histological structure of the kidneys, such as tubulointerstitial damage in the form of dilatation, interstitial inflammation, fibrosis, and necrosis. Kidneys are organs that function in removing toxic or toxic substances and maintaining a balance of fluids and substances that are useful for the body. Degeneration, hyperplasia, necrosis, and inclusions are indicators of kidney damage, as are tubular lumen dilation, accumulation of debris cells in the lumen, tubular lumen vacuolization, enlargement of Bowman's gap, and inclusions. formalin exposure of 25 mg/kg BB rats/day for 22 days versus no formalin exposure. Knowing the MDA concentrations and histological characteristics of the kidney tissues of rats treated for 22 days with 0.035 grape ethanol seed extract, 0.070 and 0.140g/BW rat/day and subjected to 25mg/kg BW of formalin. Find the optimal dose of grape seed ethanol extract to lower MDA levels and enhance the histological picture of the kidney organs of rats that were given formalin exposure. With a post-test only control group design, this study is an experimental lab research. The 30 white rats used as the sample population were separated into 5 treatment groups, each containing 5 rats and 1 reserve rat. The data on the findings of the MDA levels and the results of the histopathological score were then examined using the computer program SPSS 26.0. The study's findings revealed that MDA levels in rats subjected to formalin were higher than those in the negative controls, while the histopathological findings in the formalin-exposed group revealed necrotic damage. Therapy Increased concentrations of grape seed extract reduced MDA levels by an average of 7.3732, 4.8664, and 4.5605 as well as percentages of 30.27%, 53.98%, and 57.98%. They also improved the histological features of the rat kidney, particularly the glomerular features. The greatest daily dose was 0.140g/BW rat/red grape seed ethanol. The concentration of red grape seed ethanol extract that was successful in lowering MDA levels was 57.98%, and it also improved the histopathological picture of the rats at 0.140g/BW rats/day.

Keywords: formalin, histopathology, kidney, MDA, red grape seed extract.

INTRODUCTION

Formalin is the registered trademark for formaldehyde, which is used to preserve corpses and, more recently, to preserve food [1]. The Republic of Indonesia's Minister of Health's Regulation No. 033 of 2012 Concerning Food

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Additives states that formalin is a component added to food with the intention of changing the food's nature and form. [17]. Even though formaldehyde is corrosive, when food containing it is ingested, it can produce moderate symptoms including dizziness, vomiting up to blood, and kidney, liver, and brain damage. It is also bad for digestion, respiration, neurology, and cancer. Reactive oxygen species (ROS) can be produced in excess when formalin-containing meals are consumed repeatedly, leading to oxidative stress. Increased levels of malondialdehyde (MDA) and histopathology in renal tissue are indicators of oxidative stress [2]. Malondialdehyde is created when polyunsaturated fatty acids and free radicals react to cause lipid peroxidation in cell membranes (PUFA). A peroxide membrane is created by the chain-like process. The degradation of numerous cell-toxic aldehyde compounds, including one that results in the creation of MDA, can be triggered by hydrogen peroxide [4]. Red grape seed extract is a natural treatment option for elevated MDA levels and kidney damage that manifests histopathologically as parenchymal degenerative damage, hydropic degeneration, or necrosis (Vittis venivera). Among other fruits, grapes are one of the best suppliers of polyphenols. In grapes, the outermost epidermal cells (grape skin), which comprise for 60–70% of the total flavonoids, are where they are most prevalent. Anticancer properties of grapeseed oil have already been developed as dietary supplements [3]. Proanthocyanidin oligomers, a type of flavonoid found in grape seed extract and 50 times more plentiful than vitamins C and E, are used to lessen kidney damage [16]. The kidneys are an organ that remove harmful or dangerous compounds from the body and keep a balance of fluids and substances that are good for the body [7]. Both necrosis and fibrosis [1].

MATERIALS AND METHODS

A post-test only control group design characterizes this research's experimental laboratory study. Male rats of the same pure breed (*Rattus novergicus*), 3 months old, weighing 150–200 grams, healthy, and free of anatomical anomalies made up the population. A complete of 30 male white rats, divided into 5 treatment groups (each group consisting of 5+1 spare rats), were needed for the study sample size to meet the inclusion and exclusion criteria. Simple random sampling was used to collect samples. They were sourced from the Animal Laboratory at the University of Muhammadiyah Semarang. Information on MDA scores and levels to ascertain whether variations in the concentration of grape seed extract had an impact on lowering MDA levels in rat kidney organs and improving the histopathological picture of rat kidney, histopathology was analyzed using the application program (SPSS) Statistical Product and Service Solution 26.0 for window. Samples with normal distribution were analyzed using one way ANOVA with computer programs.

Grape Seed Extract Making

Red grapes that have been thoroughly cleaned are split in half so that the seeds of the fruit are visible. The seeds are then collected—31.54 grams of them—into a single glass container and baked for two days at 60°C. Once the grape seeds have dried completely, they are smoothed down and sieved twice—once through a 60-mesh sieve to yield 7.3 grams and again through a 100-mesh sieve to yield 10.63 grams. Since being weighed, grape seed powder was macerated with 50mL of 96% ethanol for 24 hours over the course of three days. The filtrate was then evaporated to get rid of the ethanol after being collected for three days. The residual ethanol is then removed by placing the container into a water bath, causing the liquid to thicken. With three different concentrations of distilled water (0.035, 0.070, and 0.140g/BW rat/22 days), the extract was created.

MDA ANALYSIS

Kidney Organ Sample Preparation

Kidney organs were put into PBS solution 1x (1:10) to identify the levels of MDA and histopathological preparations in 10% (1:10) NBF (Neutral Buffered Formalin) until the organ samples were submerged in solution 11. The rat kidney organs that have been mashed are taken as much as 400 mg then added with 2 ml of physiological NaCl then centrifuged at 3000 rpm for 10 minutes, the supernatant is taken to measure MDA levels while the rest of the kidney organs are used for histopathological preparations.

Measurement of MDA Levels with TBARS Test

The kidney organ supernatant was pipetted as much as 400 l and added 1 ml of distilled water, 200 l of 10% TCA, 200 l of 1% TBA and 200 l of 1N HCl and homogenized using a centrifuge at 3000 rpm for 10 minutes. Heated using a water bath with a temperature of 95°C for 10 minutes. Cooled at room temperature and transferred to a cuvette and then read the absorbance of the sample using a UV-Visible spectrophotometer.

Preparation of Kidney Histopathology Preparations and HE Coloring Stages

The first stage of fixation of all kidney organs is fixed with 10% NBF for at least 24 hours then dehydrated. The second stage of dehydration is then processed: Next, the dehydration process is carried out by inserting the sample into graded alcohol, with a concentration of 70%; 80%; 96%; 100% for 12 to 24 hours in a tissue processor. The third stage is embedding. The tissue was put into liquid paraffin I for 2 hours and liquid paraffin II for 4 hours, then placed in the base mold. The process of sectioning or cutting. In the pre-hardened paraffin mold, the mold is opened. The paraffin block is placed on a microtome holder with a thickness of 3-5 microns. First stage of deparaffinization, Second stage Rehydration and Dehydration Stage.

RESULTS AND DISCUSSIONS

Sample Overview

The object of this study used 30 white rats divided into 5 groups and the addition of reserves for each group was 1 rat. One group as negative group, 4 groups were exposed to formalin 25 mg/kg BW rats/day for 22 days, then 3 groups were treated with grape seed extract with a concentration of 0.035 successively; 0.070 and 0.140g/BW rat/day for 22 days. On the 30th day, surgery was performed, and the kidneys were taken for examination of MDA levels and histopathology. Grape seed ethanol extract contains flavonoids, alkaloids, phenolics, tannins and triterpenoids.

The optimization of the wavelength to determine the MDA level was carried out using a 2.5 ppm MDA solution; 5.0 ppm and 10.0 ppm then read the absorbance with a spectrophotometer at wavelengths 524, 526, 528, 530, 532, 534, 536nm.

TABLE 1. The absorbance of	MDA Stand	MDA Standard Concentration (ppm)				
MDA from 524- 532nmWavelength (nm)	2,5	5,0	10,0			
524	1,037	1,253	2,136			
526	1,147	1,388	2,298			
528	1,275	1,541	2,441			
530	1,344	1,623	2,500			
<mark>532</mark>	<mark>1,409</mark>	<mark>1,699</mark>	<mark>2,525</mark>			
534	1,405	1,696	2,503			
536	1,394	1,684	2,486			

Table 1 shows that the absorbance of MDA from 524-532 nm has increased, while at 534-536 nm the absorbance has decreased, so the maximum wavelength is 532 nm.

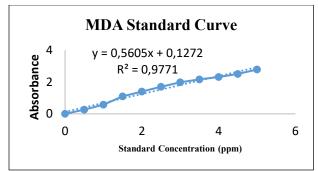


FIGURE 1. Standard Concentration MDA (ppm)

Based on the results in Fig. 1, it shows the equation of a straight-line curve on the standard MDA series, namely y = 0.5605x + 0.1272 while the value of R2 = 0.9771. This line equation is then used to calculate the MDA content in the sample.

TABLI	TABLE 2. MDA levels in rat kidney organs after treatment with grape seed extract concentration (mg/kg)							
No.	Negative control	Positive control	Treatment 1	Treatments 2	Treatments 3			
1.	4,7516	12,0509	7,6136	3,8405	0,9459			
2.	7,3405	10,2239	6,8169	6,3702	6,5229			
3.	7,8050	12,3359	9,7930	6,6296	4,9123			
4.	7,3756	7,5379	5,8172	3,5390	5,8366			
5.	7,7650	10,7222	6,8253	3,9529	4,5850			
Average	7,0075±2,208	10,5742±0,0002	7,3732±0	4,8664±0,0002	4,5605±3,5247			

Based on the results in Table 2 the rats in the negative control had MDA levels of 7.0075 mg/kg while in the positive control there was an increase in MDA levels to 10.5742 mg/kg but there was 1 sample that was low. in treatments 1, 2, and 3, the concentration of red grape seed extract was 0.035, respectively; 0.070 and 0.140 g/kg bw rats/day decreased MDA levels, giving grape seed extract with a high concentration can reduce MDA levels in the kidneys.

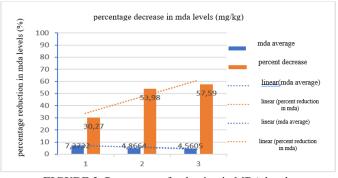


FIGURE 2. Percentage of reduction in MDA levels

Shows the results for the average yield of MDA levels that linearity decreases, while the percentage results of the decrease in MDA levels increase linearly with the addition of grape seed extract concentration. the percentage increase in MDA yields showed that the concentration of grape seed extract was 0.035, 0.070, and 0.140g/bb/day. the higher the concentration of red grape seed extract, the better for the kidneys.

Histopathology of the Kidney

Kidney organs of rats from all treatment groups were made histopathological preparations with Hematoxylin-Eosin (HE) staining technique, then histopathological observations of kidney tissue were carried out by observing changes in the kidney organs of the rats by scoring including damage to tubular lumen widening, tubular lumen vacuolization, Bowman's space widening and necrosis.

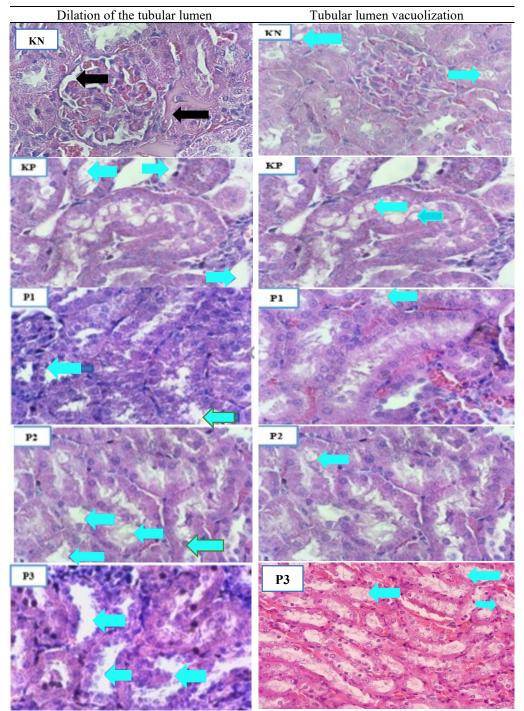
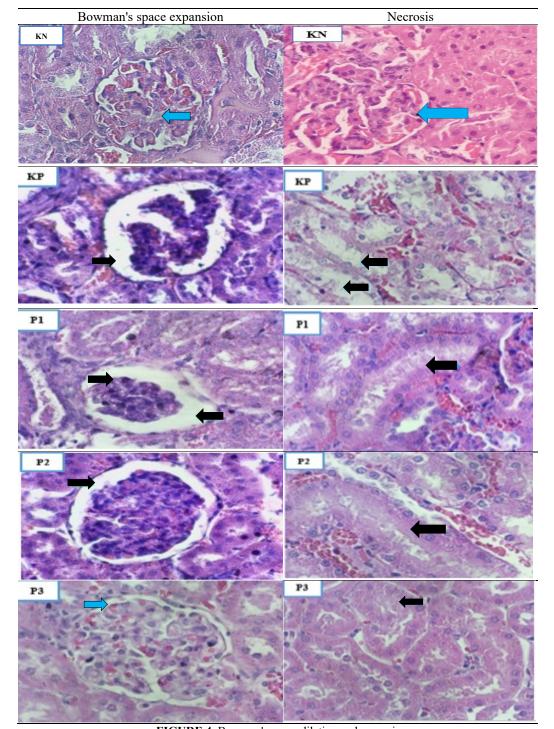


FIGURE 3. Tubular lumen dilation and tubular lumen vacuolization Description: Negative control (KN), positive control (KP), Treatment 1 (P1), Treatment 2 (P2), Treatment 3 (P3), widening of the tubular lumen, vacuolization () and normal cells (). 400x. microscopic magnification.

Observations in Fig. 3 show that the results of damage to the kidneys of rats found widening of the tubular lumen in the treatment (blue arrows), while in KN showed normal cells of the glomeruli and tubules (black arrows). The tubules are part of the kidney that is susceptible to damage due to reabsorption in the tubules. Observations in Fig. 3 show that the results of kidney damage in rats found vacuolization of the tubular lumen in the treatment of negative



control, positive control, treatment 1, treatment 2, and treatment 3. Damage to vacuolization was indicated by the presence of vacuoles in the tubular lumen.

FIGURE 4. Bowman's space dilation and necrosis Description: Negative control (KN), positive control (KP), Treatment 1 (P1), Treatment 2 (P2), Treatment 3 (P3), and Bowman's space widening and necrosis () and normal cells (). 400x. microscopic magnification.

Observations in Fig. 4 show that the results of damage to the rat kidney found widening of the Bowman's space in the glomerulus in the treatment. Negative control, positive control, treatment 1, treatment 2, and treatment 3. Improvements in treatment group 3 showed that the Bowman's space was smaller as in the negative control treatment group. Observations in Fig. 4 show that the results of damage to the kidneys of rats were found to be necrosis (black) in the treatment group, both the positive control and 1, 2, and 3 treatments, while the negative control (blue arrow) had no necrosis.

TABLE 2. MDA normality test and history	TABLE 2. MDA normality test and histopathology of rat kidney					
Normality	Sig	P-value				
MDA level results	0,578	>0.05				
Histopathological scoring of rat kidney						
Negative control	0,372	>0.05				
positive control	0,170	>0.05				
1 treatment	0,170	>0.05				
2 treatment	0,310	>0.05				
3 treatment	0,170	>0.05				

Based on the normality test in Table 2, the use of the Shapiro-Wilk test showed that the results of the MDA data and the kidney histopathology of rats were normally distributed because the sig value was > 0.05.

TABLE 3. MDA homogeneity test and rat kidney histopathology						
Homogeneity	Sig	P-value				
MDA level results	0,904	>0.05				
Histopathological scoring of rat kidney	1,000	>0.05				

Table 3 homogeneity test of level MDA and histopathology of rat kidney showed that the sig value of 0.904 levels of MDA and 1000 histopathology of rat kidney was greater than the p value of 0.05, so it can be said that the research data were homogeneous.

TABLE 4. One way ANOVA levels of MDA and rat kidney histopathology						
one way ANOVA	Sig	P-value				
MDA level results	0,000	< 0.05				
Histopathological scoring of rat kidney	0,000	< 0.05				

Based on the results of the one-way ANOVA test in Table 4, MDA levels and rat kidney histopathology, sig value of 0.000, which is less than 0.05, can be concluded that the data is normally distributed and then further tests can be carried out using the post hoc test.

DISCUSSION

Based on the results of the one-way ANOVA test in Table 3, MDA levels and rat kidney histopathology, sig value of 0.000, which is less than 0.05, can be concluded that the data is normally distributed and then further tests can be carried out using the post hoc test. Previous research on phytochemical testing showed that there were differences in the results of compounds obtained negative results on alkaloids, while in this study negative results were carried out on saponin compounds, this was due to saponin compounds with low levels of polarity, saponins belonging to nonpolar to semipolar compounds depending on functional groups in the main framework. The results of this phytochemical test are also different. The differences in characteristics, temperature, and pH will cause the metabolic processes of the plant to be disturbed.

Flavonoids reduce free radicals directly. Flavonoids are oxidized by radicals, producing more stable and less reactive radicals, reducing complement activation, thereby reducing inflammatory cell adhesion, causing reduced inflammatory responses and suppressing enzymes functioning in the formation of free radical compounds. MDA is a radical product resulting from lipid peroxidation which is toxic to living cells. In addition, MDA is a measure of free

radicals contained in the body and is considered a biomarker that is often used to determine the level of oxidative stress.

The graph of the average and percentage decrease in MDA levels above shows that in treatment 1 there was a decrease in MDA levels, namely 30.27%, treatment 2 with a decrease of 53.98% and treatment 3 with a decrease of 57.59%. These results are in line with research. The combination of phycocyanin S. platensis and mangosteen rind extract (*Garcinia mangostana* L.) antioxidant activity in vitro as indicated by the percent inhibition value, obtained the percent inhibition values, respectively, namely 72.028%, 68.695% and 56.667%. The greater the concentration of the combination of extracts, the greater the antioxidant activity.

The kidney is an organ that functions to maintain stability in the body such as the balance of body fluids, electrolytes and acid bases. plays an important role in maintaining the balance of body fluids, the kidneys play a role in the absorption of toxic substances from blood circulation into the kidneys by 25-30% which will later be cleaned by the kidneys. Administration of chemicals contained in free radicals will show damage to the histopathological picture of the kidneys in the form of vacuolization, widening of the tubular lumen due to a reduction in the number of cells.

The results of histopathological scoring of the kidneys in negative controls showed the average score was 2. These results found some damage such as widening of the tubular lumen and vacuolization of the tubular lumen. The average positive control score was 3 where the results found some kidney damage such as tubular lumen widening, tubular lumen vacuolization, Bowman's space widening and necrosis. Treatment 1 averaged a score of 2.4 where the results found some kidney damage such as widening of the tubular lumen, tubular lumen vacuolization and necrosis. Treatment 2 averaged histopathological scoring of rat kidney 2 where the results found some damage such as widening of the tubular lumen, tubular lumen vacuolization, tubular lumen widening. Treatment 3 averaged rat kidney histopathological scoring 2.2 where the results found some damage such as widening of the tubular lumen, tubular lumen vacuolization, be averaged of the tubular lumen widening. Treatment 3 averaged rat kidney histopathological scoring 2.2 where the results found some damage such as widening of the tubular lumen, tu

Based on the readings in the negative control group, it was found that the histopathological abnormalities of the rat kidney were vacuolization of the tubular lumen, a factor that might influence the white rats. Internal factors such as the immune system, tubular lumen vacuolization in the negative control group were caused because the rat's kidneys had previously been damaged, in this study due to damage to tubular lumen vacuolization in the control group so that it could look healthy, it turned out that kidney damage had occurred so that microscopic observations showed histopathological damage to the kidneys of rats.

This study is in line with previous studies by, giving a graded dose of formalin, the histopathological results of rat kidney were damage to the proximal tubule with the findings of loss of brush border, found casts in the lumen of the proximal tubule, vascular or hydropic degeneration and necrosis. The part of the proximal tubule that causes the most damage to the proximal tubule is necrosis.

In this study, administration of one dose of formalin caused necrosis. In line with research conducted by kidney histopathology of white rats (*Rattus norvegicus*) who were injected with multi-dose of formalin intraperitoneally, the results showed changes in parenchymal degeneration, hydropic degeneration, and necrosis.

Toxic responses that enter the body along with the higher concentration of a compound that enters the body. Chemicals are accumulated in the kidneys in the tubules, chemicals are reabsorbed from the urine and then through the tubular epithelial cells. As a result of the process, toxic substances will accumulate in the kidneys and will cause damage to the kidneys, especially in the tubules, this is because the tubules are the site of reabsorption and excretion of toxic substances. As a result of too many chemicals in the kidneys will cause cell damage such as for example. tubular vacuolization.

Damage to the widening of the bowman's space in the glomerulus and at the same time improvement in the gradual therapy of grape seed extract, metabolic waste substances in the kidneys are dangerous, glomerular changes are characterized by changes in the shape of the glomerulus that are smaller than normal and there is an expansion in the bowman's part. Antioxidants repair glomerular damage due to alcohol giving free radicals to break the chain of the lipid peroxidation process and attach the hydrogen atom group on the OH group to the free radical ring so as to make it stable and not damage the glomerulus so that it can repair or even restore normal. changes in the tubules and vice versa, is tissue cell death caused by injury. Microscopic signs are changes in the nucleus where chromatin is lost, torn or cariorexic, the nucleus does not have a lot of color because it looks pale, not real or karyolysis. In damage to the dilatation or widening of the lumen, the process of loss of brushborder and protein collections that make up the cast results in obstructed tubular distribution, stimulating tubular dilation or dilation.

CONCLUSION

The outcomes demonstrated that red grape seed extract, at a dose of 0.140 mg/mL per rat body weight/day, reduced oxidative stress and enhanced the percentage of kidney organ histopathological repair. The histological results of rat kidney demonstrated glomerular improvement at the highest concentration of red grape seed ethanol extract therapy. The average result of MDA levels reduced and increased in the percentage of grape seed extract treatment.

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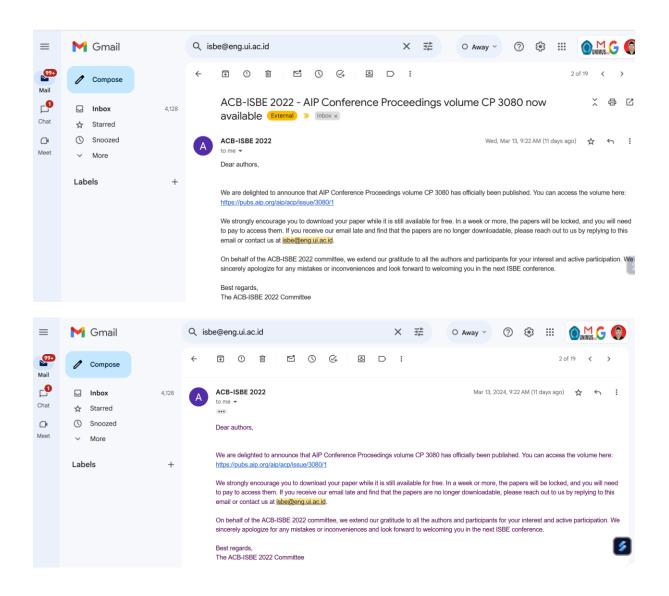
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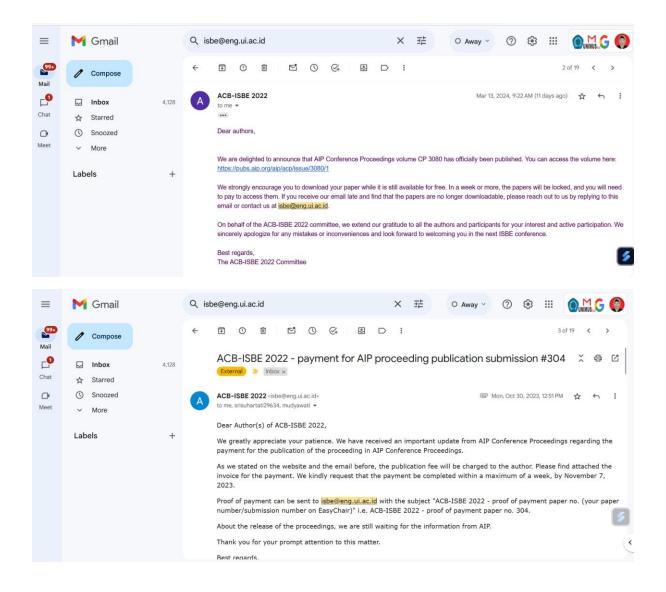
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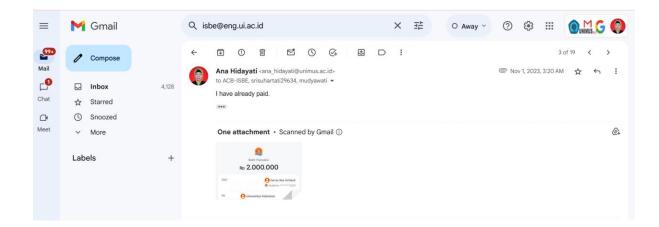
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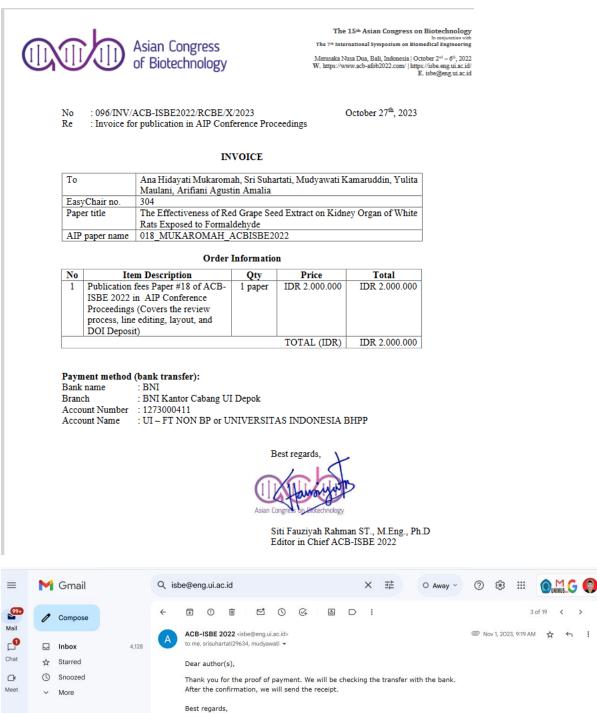
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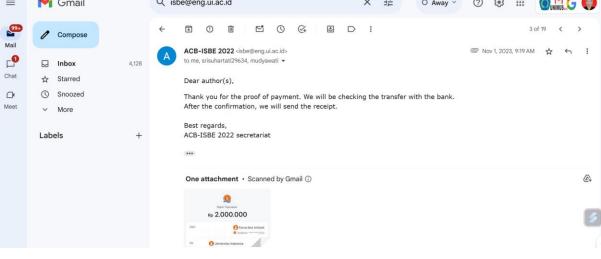
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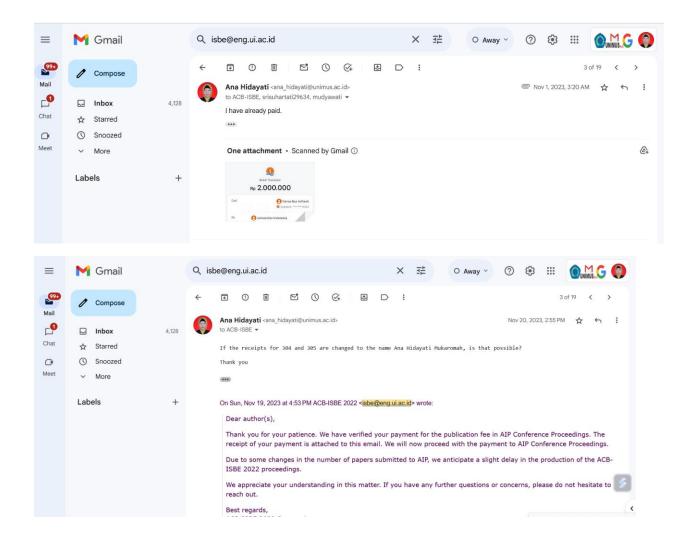




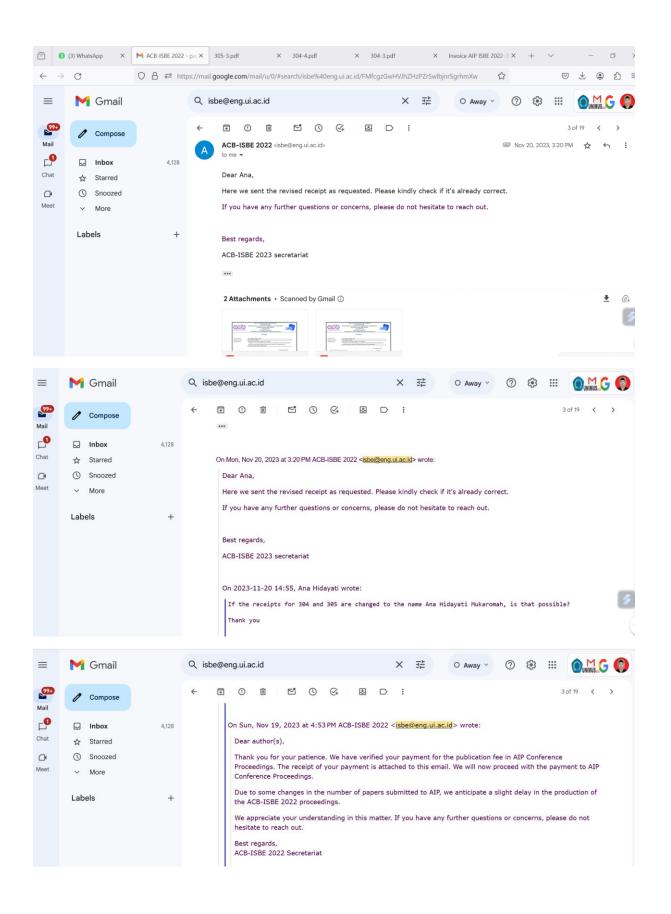






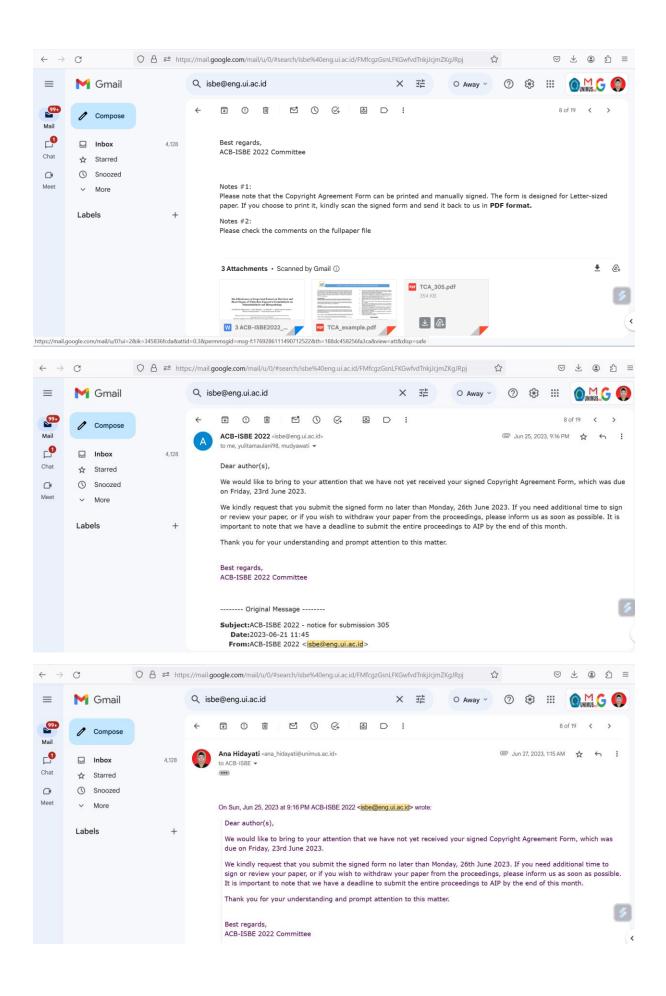


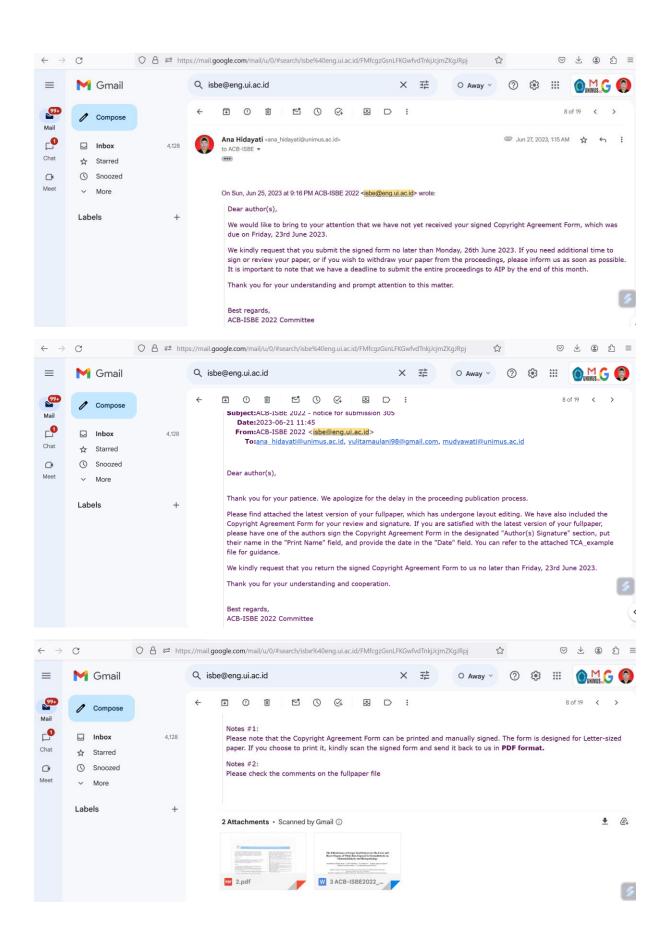
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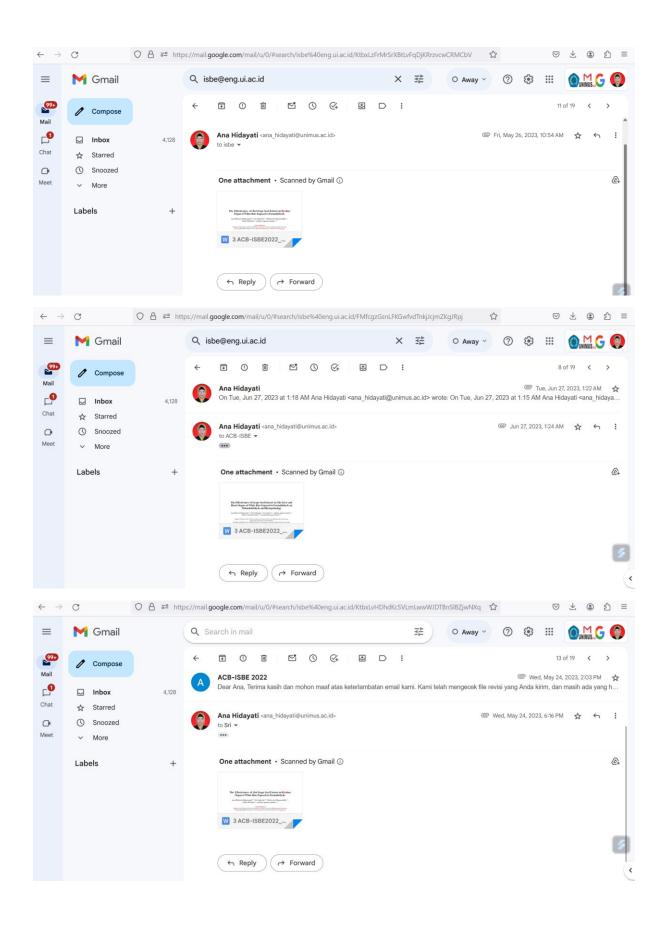


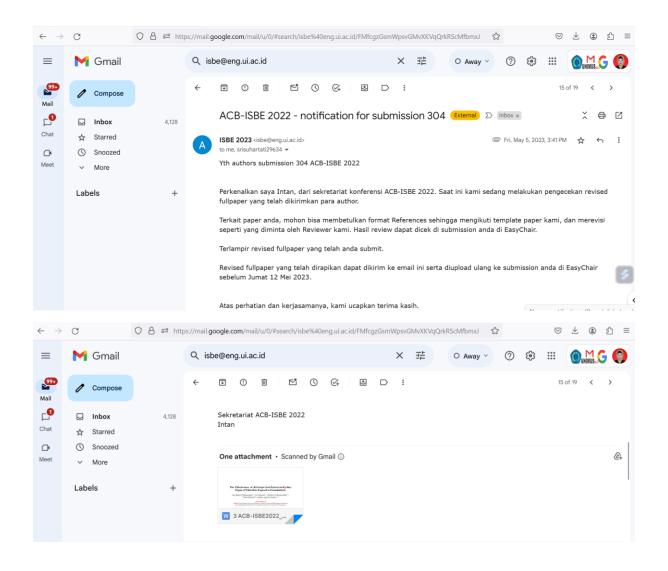


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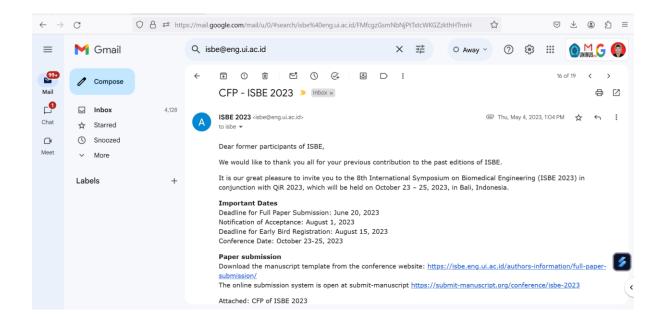




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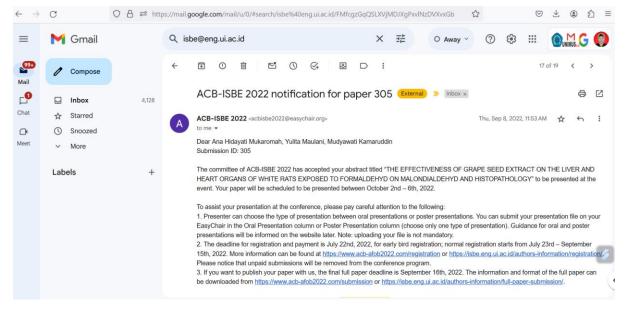
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